



July – August 2018

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A Publication By Orchid Country Club

Issue

56

Happy 53rd National Day *We Are Singapore*



Smile

EXCITING GOLF EVENTS IN STORE FOR YOU!

SECRETARY-GENERAL'S CUP
8 JULY 2018 (SUN)

TRIPARTITE GOLF FRIENDLY
29 JULY 2018 (SUN)

NATIONAL DAY GOLF
9 AUGUST 2018 (THU)

CLUB PRESIDENT'S CUP
26 AUGUST 2018 (SUN)

Service With A Smile

Going The Extra Mile For You



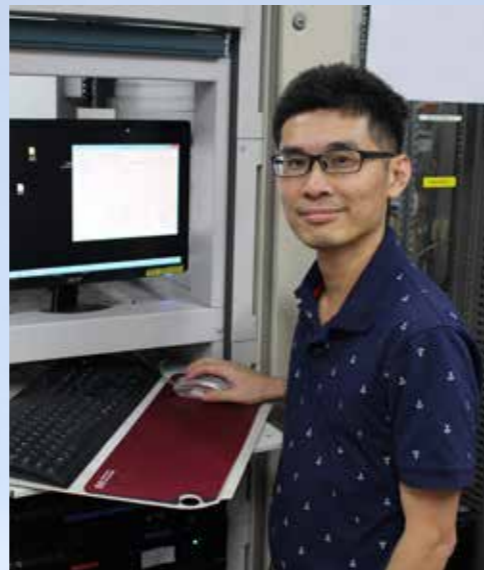
Benson Kuak
Housekeeping Supervisor

The epitome of teamwork at its best, Benson supervises and allocates work for the other Housekeeping attendants, working together as one team to ensure that the Club is immaculately presentable.



Stephanie Loo Yee Thin
Banquet Captain

Meticulous and efficient, Stephanie gets down to the nitty-gritty of events held in the Club, ensuring all the pre-event banquet preparations are checked off the list before each event starts.



Goh Nam Seng
Senior IT Executive

Dedicated when it comes to handling IT, Nam Seng manages and sees to the Club's smooth running of IT systems and operations in day to day work.



Donald Cheng Teck Hing
Assistant P&M Manager /
Senior Fire Safety Manager

Responsible and trustworthy, Donald oversees all tenancy operational matters, plans trainings for the P&M staff and handles renovation projects, helping to support the functioning of the Club facilities at its best.



Cheung Wei Chuan
Accounts Executive

Quick-witted and dedicated, Wei Chuan facilitates the handling of Club's Finance matters while working closely with the Membership Team.



Abdul Karim bin Ahmad Farouk
Stewarding Supervisor

Providing backend support for the Banquet Team, Karim works with vigour to deliver clean dishes and cutlery in pristine condition to the event venues for set-up.

**SECRETARY-
GENERAL'S CUP**
8 JULY 2018,
SUNDAY

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**NATIONAL
DAY GOLF**
9 AUGUST 2018,
THURSDAY

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**CLUB PRESIDENT'S
CUP 2018**
26 August,
Sunday

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Club General Committee

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Vice President & Captain	Mr Yeo Khee Leng
Treasurer	Mr Vincent Fong
Lady Captain	Mrs Maureen Goh
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Club Management

General Manager	Mr Richard Foo
Head of Finance / Purchasing	Ms Ng Siew Cheng
Head of Golf	Mr Dennis Ee
Head of Sales & Marketing	Mr Thomas Ng
Head of Hotel	Mr Gopal Thangavelu
Head of Human Resource	Mr Charlie Goh
Head of Housekeeping	Ms Margaret See
Head of Property & Maintenance	Mr Alan Chua
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Announcement Individual Membership Transfer Fee Reduction

Dear Members,

Warm Greetings from Sunny Orchid!

This year marks the 25th Silver Jubilee Celebration of OCC; a milestone that cannot be accomplished without your stoic support, loyalty and active participation and patronage of the Club's facilities, events and activities.

The Club and its Proprietor have reviewed the transfer fee structure of all Individual membership categories, and are pleased to announce with immediate effect from **2 July 2018 (Monday)** that the transfer fee for the various Individual membership categories shall be reduced as follows:-

S/N	MEMBERSHIP CATEGORY	Current Transfer Fees	Wef 2 July 2018 (Monday), New Transfer Fees	
			For 2030 Members	For 2023 Members
1	Individual Golfing Gold	\$20,000	\$10,000	\$8,000
2	Individual Foreign Golfing	\$10,000	\$10,000	\$8,000
3	Individual Golfing Silver	\$4,500	\$2,250	\$1,800
4	Individual Social	\$3,300	\$1,000	\$800
5	Individual Foreign Social	\$5,000	\$2,500	\$2,000

Please note that the membership transfer fee reduction does not apply to Corporate, Union Corporate and Term Memberships.

All Individual membership transfers shall be suspended for a period of two (2) weeks from 2 July 2018 (Monday) to 16 July 2018 (Monday) so as to allow sufficient time for potential transferors and transferees to adjust to the new market pricing dynamics and take the reduced transfer fee (where applicable) into consideration.

As a gesture of goodwill, for all Individual memberships' transfer applications received in June 2018, the transferor shall be allowed to "withdraw" his/her transfer application by completing and submitting the "Withdrawal of Transfer" application form to the Membership Department **on or before 16 July 2018 (Monday)**, provided that the application form is duly acknowledged and signed by the transferor and transferee; and subject to the approval of the General Committee whose decision shall be final and binding.

Any subsequent transfer shall be carried out with the submission of a fresh application for the transfer of membership to the Membership Department for processing and subject to the approval of the General Committee whose decision shall be final and binding.

Should you have any questions and/or require further information and clarification, please do not hesitate to reach our friendly Membership personnel, Ms Angelica Tan at 6750 2123 and Ms Mitra Rosayro at 6750 2180, or email membership@orchidclub.com.

We thank you for your kind attention and we at OCC look forward to more years of service to you!

Happy 25th Silver Jubilee!

Richard Foo
Secretary, General Committee
Orchid Country Club

DEAR MEMBERS & FRIENDS,

Warm Greetings from Scenic Orchard!

This year marks OCC's 25th Silver Jubilee, a milestone that cannot be accomplished without your strong support, loyalty and active participation and patronage of the Club facilities, events and activities over the last 25 years. We are pleased to announce that the Club and its Proprietor have reviewed the transfer fee structure of all Individual membership categories, and with immediate effect from 2 July 2018 (Monday), the transfer fee for the various Individual membership categories shall be reduced. Please refer to the preceding page 2 for more information.

The upgrading works to the Golf Registration Counter and Admin back-offices were ergonomically and timely completed and reopened on 26 June 2018 (Tuesday). We sincerely thank all our members for your patience, understanding and co-operation in the past 2 months where all Golf Registrations were temporarily shifted to the Octagon. We hope that you will be pleased with the refurbished "open concept" Golf Registration Counter that is now glass-enclosed with air-conditioning and cosy Lounge areas.

To ensure our golf courses are maintained in tip-top condition for golfers' enjoyment, the Club has embarked on a variety of intensive course maintenance and cultural practices to consistently improve the playability and aesthetics of the golf courses. Intensive hollow tining, sand topdressing, fertilisation, verti-cutting and rolling were carried out recently at our 27-hole Greens to reduce soil compaction, improve aeration and absorption of nutrients, encouraging healthier turf growth with a denser and more resilient Greens for play consistency. Following the course maintenance works, some of you may have experienced sandy and bumpy putting surfaces at the Greens. We are heartened to know that most of you understood the importance and necessity of these cultural practices, and that such play conditions are temporary as the Greens would make progressive recovery in two to three weeks' time. Thereafter, golfers can enjoy better consistency of play and trueness across the golf courses. You will also be delighted to know that the upgrading work of the sand bunkers at the Vanda Course is now completed with an efficient drainage system, eliminating water ponding and sand erosion; with a fluffier sand condition for your bunker shot execution. Our Greens Committee would like to thank all golfers for your understanding and support as the Club continues with its cultural practices to improve the golf courses for your golfing enjoyment.

Another upgrading initiative that I am excited to update you about is the revamping of the Club website, which is long overdue. The refreshed website equipped with user-

friendly and more interactive features will be soft-launched on 2 July 2018 (Monday). More features, including the Live Chat function, will be fully rolled out by 1 August 2018 (Wednesday). The Live Chat function allows website visitors and prospects to make enquiries in real time and learn more about our social and corporate events, such as weddings, birthdays, corporate luncheons/dinners, and so forth from our Sales & Marketing Team. In tandem with the website revamping, I am also pleased to inform that the highly anticipated "Online Golf Booking" platform is scheduled to be up and running by the fourth quarter of 2018. Be sure to look out for more updates in our Club announcements.

At the Golfing front, we would like to express our gratitude to all OCC and Union members for the overwhelming response we have received for the upcoming annual Secretary-General's Cup (SG Cup) scheduled on 8 July 2018 (Sunday). Our Golfing department is doing our utmost to accommodate as much as we can to take the play list to its maximum. For those who have missed the opportunity to play at the SG Cup, you can look forward to registering early for the Club President's Cup planned for 26 August 2018 (Sunday) and the Club Captain & Lady Captain's Cup to be held on 23 September 2018 (Sunday), where you will have an enjoyable afternoon of friendly games to foster bonding and camaraderie, as well as a splendid dinner and prize presentation to end the day in high spirits. We are also delighted that the 25th Tripartite Golf Friendly will once again be held in the Club on 29 July 2018 (Sunday), and are certain that it will be a great golf event to strengthen solidarity.

I would also like to take this opportunity to wish all members a very Happy 53rd National Day. Do join us on 9 August 2018 (Thursday) for our National Day Golf event, where we will come "Together-As-One" to celebrate our Nation's Birthday.

Majulah Singapura!

See you at the Club soon.

Warmest Regards,
RICHARD FOO
General Manager



You are special at Orchid!



Welcome To The Club

We are delighted to extend a warm welcome to our new members to the Orchid Family!

DR CHAN CHIEN CHI	MS CHEW LI TING
MR FRANCIS LUA CHI KIANG	MS JINNIE TAN CHYE HONG
MR KODAMA HIDETOSHI	MR KOH TECK CHENG
MR LI WEIGUO	MS LIM CHIA WEN
MR LIM WEE LEE GERALD	MR PETER ANDREW HONE
MR POH HUA NONG	MR SERIZAWA YASUTOSHI
MDM TAN LEE KHENG	MR TAN YU CHONG
MR TAY LIANG EN BRYAN	MR TEE SOON HOCK
MR TONG SHU LEE	MR THYE KIM MENG
MDM WEE PAULINE	MR YAMAGUCHI SHIGEAKI
YUDO ASIAN PTE LTD	

Fond Farewell

Meanwhile, we wish our former members all the best in your future endeavours and we look forward to be of service to you again.

MR CHAN QI SHUAN	MR CHEW TEE SIANG
MR CHIN CHOW YOON	MR CHOO BOON YEW
MDM LEE CHAU CHIN GRACE	MR LIM HOHN-JOO
MR LIM KEAN BIN	MR LIM KIM HONG
MR MASAO ISHIKAWA	MR NG CHUP LEE
MS OEIJ HUI KUEN	MR PAUL DE CRUZ
MR SASIDARAN S/O RAGHAVAN PILLAI	MR SHANG HSIU WEN
MR TAKESHI HIYOSHI	MR TAN SWEE CHYE EDMUND
MR TAN TIN LAM RICHARD	THE MONETARY AUTHORITY OF SINGAPORE
MR XIONG ANHUA	
MR YEW KAI PING	MR XU DADONG



New Reciprocal Arrangement With Palm Springs Golf & Country Club – Karawang Course starting from 2 April 2018 (Monday)

Palm Springs Golf & Country Club, Karawang Course is situated in West Java, Indonesia, a 30-minute drive from Bandung. The championship 18-hole golf course comprises a carefully crafted undulating topography, which integrates and blends in with the golf complex to create an aesthetically pleasing and challenging course. The strategic location also makes the Club a great place to relax in away from the hustle and bustle of city life, along with the enjoyment of a spectacular panoramic view of the lush tropical landscape comprising lakes, stream and mangrove vegetation.

For more information, visit their website at palmspringsgolf.co/site

Hole-in-One Achievers!



OCC Member Mr Foo Mooh Shung
Vanda Hole 4, 10 April 2018 (Tuesday)



OCC Member Mr Png Koon Ann
Aranda Hole 6, 29 April 2018 (Sunday)

Completion Of Bunker Upgrading At Vanda Course



Vanda Bunker before upgrading.

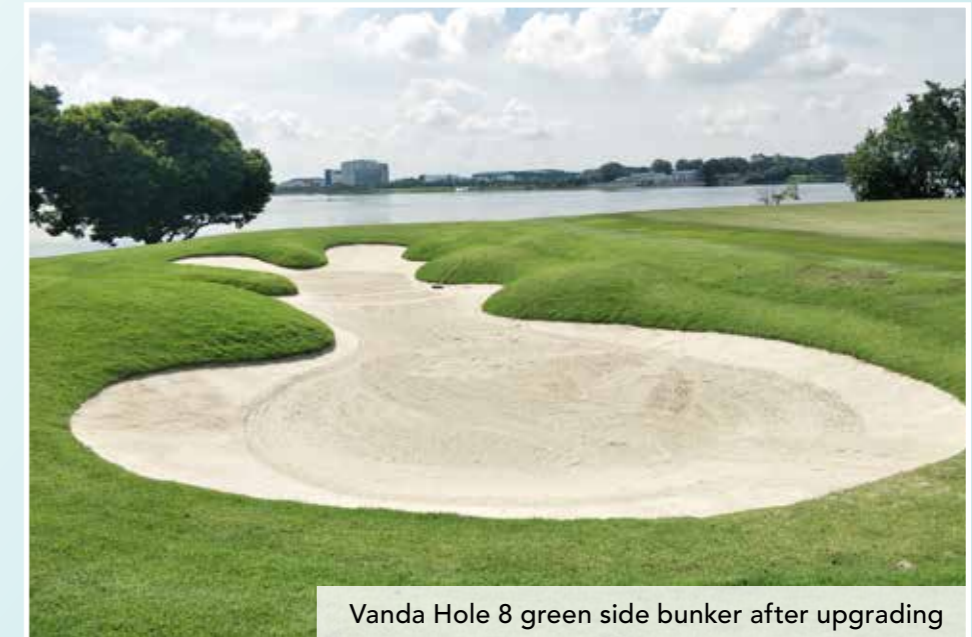


Removing sod from the bunker faces.



Overlaying of new sand mats for better drainage.

Through our continuous efforts to provide you with the best golfing experience, the Club carried out bunker upgrading at the Vanda Course and it was completed in end May 2018. This helped to provide a better drainage system, eliminate water ponding and sand erosion, and improve playability. The Club will continue to work very closely with the contractor to ensure the upgraded Vanda bunkers are well maintained.



Vanda Hole 8 green side bunker after upgrading

Hollow Tining At The 27-Hole Greens

Hollow Tining is a cultural practice that must be carried out on the greens 2 to 3 times a year. It is necessary in order to reduce soil compaction, remove the organic layer and encourage healthier turf growth. In June 2018, intensive hollow tining works and sand topdressing was carried out at the Club's 27-hole greens. Coring was done consecutively for four days to achieve consistency in green speed across the three golf courses when the cores are completely recovered.



First week.

Once the Greens have been cored, the surfaces will be removed of core residues. Sand topdressing will then be applied. Following the hollow tining and sand topdressing, golfers may experience bumpy and sandy Green surfaces in the first two weeks.



Removing core residues with the Hollow Tining machine.



Second week.



Applying sand topdressing.

Golfers can look forward to a better consistency in green speed and trueness of putt across the three courses when the cores are completely healed, with denser and more resilient greens turf by the third week to provide an enjoyable golfing experience for all golfers.

We seek your kind patience and understanding as our course maintenance team peruse with the Greens' cultural practices.

Exciting News! Our Newly Renovated Golf Registration Counter & Admin Office Is Completed!

From 10 May to 26 June 2018, major renovation works were carried out at the Golf Registration Counter & Admin Office as part of our upgrading initiative to create a memorable service experience for you. We would like to take this time to thank you for your patience and kind co-operation during our upgrading period.

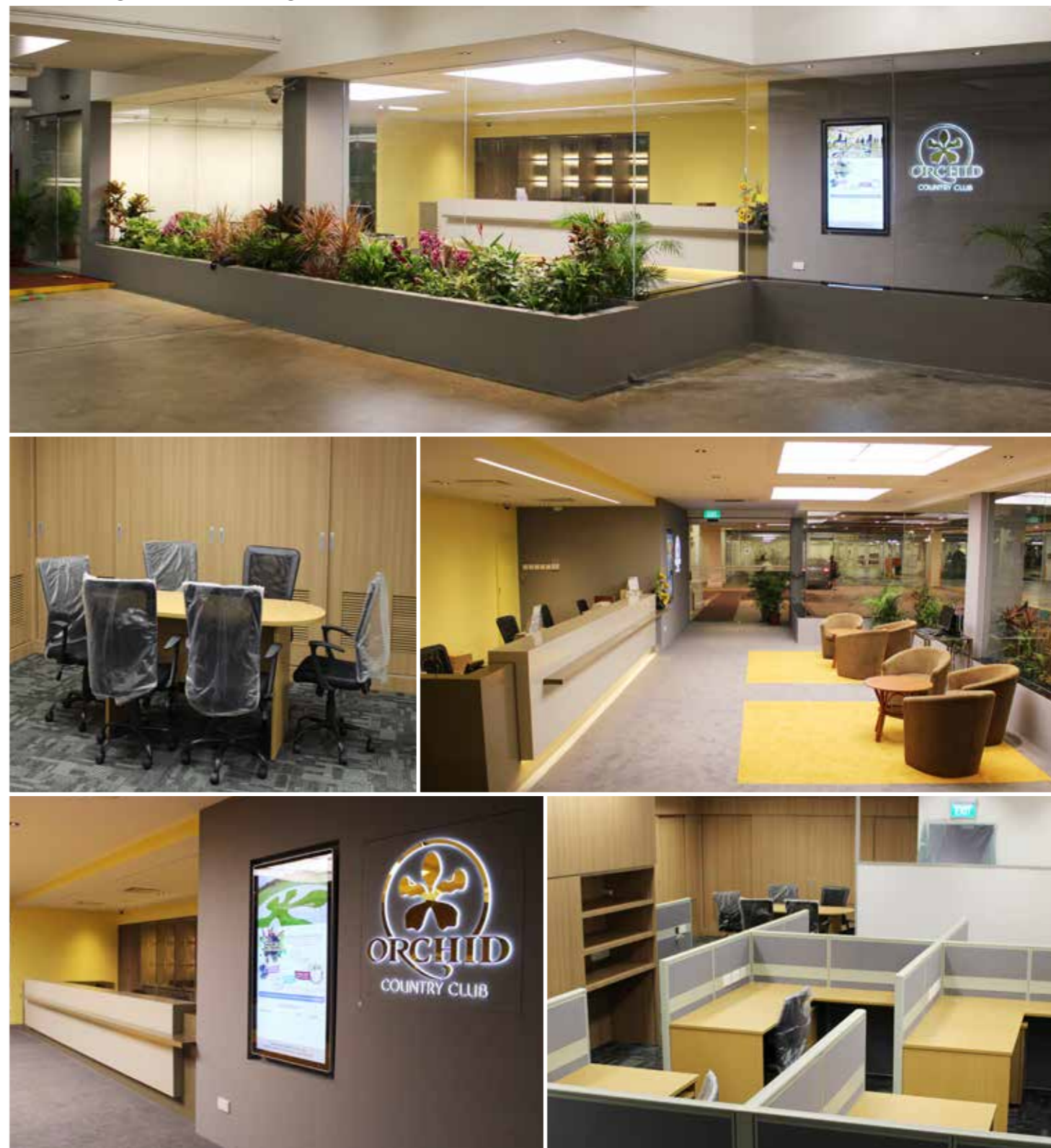
The Golf Registration Counter & Admin Office Before Renovation



Work In Progress



Newly Upgraded Golf Registration Counter & Admin Office!



Upcoming Projects

Since last year, we have completed the first phase of Restroom renovation works. Next in line in our enhancement projects will be the upgrading of Restrooms (Phase 2) at the Golf Clubhouse, Level 1 & 2, Golf Changing Rooms and Social Clubhouse Level 1 (next to the Theatrette), which shall be targeted to commence from July to November 2018. Stay tuned as we keep you updated!



Congratulations To Daryl Low For Winning The Golf Championships!

Fired up by a passion for golf, Daryl, our Junior Golfing Member, trains 2 to 3 times a week on the Golf Courses and Driving Range. Since joining the OCC League Team in 2018, Daryl is devoting more time and energy to train and elevate his golf game to a higher level. This led to him emerging 1st for Individual and Team Event in the National Schools Games Golf Championship 2018. Daryl was also crowned Champion (12-13 Age Group) in the Optimist International Junior Golf Championship Qualifiers 2018 and will be invited to play at the Optimist International Junior Golf Championship 2018 in Florida, USA this summer. Big congratulations to Daryl!

Daryl's strong determination and commitment constantly motivates and steers him in the right direction. He is now setting his sights on winning the upcoming Optimist International Junior Golf Championship 2018, Singha Thailand Junior World Golf Championship 2018 and SICC/DBS Junior Invitational Golf Championship 2018. With the regular exposure to competitions, Daryl aspires to reach the PGA Tour in the future, representing Singapore at the Olympics and guiding future junior golfers in Singapore. Wishing him the very best in turning his dreams into reality!



President of SGA, Mr Ross Tan (right) with Daryl (left), Champion (12-13 Age Group) in the Optimist International Junior Golf Championship Qualifiers 2018.

Golden Words of Encouragement

“ Pursue your passion and dare to dream big. Always give your 101% with all your heart during training and never give up even when the tides are against you. How you decide to handle hurdles will differentiate a good player from a champion. This mindset doesn't only apply to golf; it also applies to what you choose to do in life.

Always keep in mind to have Passion, Patience and Perseverance when pursuing your dreams. ”



1st for Team Event in the National Schools Games Golf Championship 2018.

Parents who wish to sign your child up for OCC's Junior Golf Programme, please call the Golfing department at **6750 2111** or email golfregistration@orchidclub.com

OCC-U Golf 9-Hole Night Series

19 MAY 2018 | DENDRO
STABLEFORD

RESULTS FOR MEN'S DIVISION (HI 24.0 & BELOW)

WINNER	MR JONATHAN THONG	25 POINTS
1 ST RUNNER UP	MR C RAJA KUMAR	23 POINTS
2 ND RUNNER UP	MR PHILIP PANG	22 POINTS

RESULTS FOR LADIES' DIVISION (HI 36.0 & BELOW)

WINNER	MS MINIANDY VIJAYAL	21 POINTS
1 ST RUNNER UP	MS JOANNE KONG	20 POINTS
2 ND RUNNER UP	MS GO THENG THENG	18 POINTS OCB



Senior Manager of U Sports, NTUC Club Mr Eric Lee (right) with Winner of the Men's Division Mr Jonathan Thong (left).



1st Runner Up of the Men's Division Mr C Raja Kumar (left).



Winner of the Ladies' Division Ms Miniandy Vijayal (left).



1st Runner Up of the Ladies' Division Ms Joanne Kong (right).



16 JUNE 2018 | DENDRO
STABLEFORD

RESULTS FOR MEN'S DIVISION (HI 24.0 & BELOW)

WINNER	MR LEE MAN FATT	24 POINTS
1 ST RUNNER UP	MR RAVI THUMBOO	23 POINTS
2 ND RUNNER UP	MR ROYSTON JALLEH	22 POINTS

RESULTS FOR LADIES' DIVISION (HI 36.0 & BELOW)

WINNER	MS LO MAN LING	18 POINTS
1 ST RUNNER UP	MS NG LEE PENG	17 POINTS
2 ND RUNNER UP	MS GO THENG THENG	15 POINTS



Senior Manager of U Sports, NTUC Club Mr Eric Lee (left) with Winner of the Men's Division Mr Lee Man Fatt (right).



1st Runner Up of the Men's Division Mr Ravi Thumboo (right).



Winner of the Ladies' Division Ms Lo Man Ling (right).



1st Runner Up of the Ladies' Division Ms Ng Lee Peng (right).

JUNE 2018 MONTHLY MEDAL RESULTS

Trophy presented by Lady Captain Maureen Goh

STABLEFORD (9 JUNE 2018)

DENDRO / VANDA

RESULTS FOR MEN'S 'A' DIVISION (H'CAP 11.4 & BELOW)

WINNER	MR DARYL LOW	(0.8)	39 PTS
1ST RUNNER UP	DR LOH CHANG KAAN	(9.4)	37 PTS
2ND RUNNER UP	MR LEE KEE SENG KELVIN	(9.6)	36 PTS OCB
BALLSWEEP (1ST NINE)			
WINNER	MR MASILAMANY	(9.2)	23 PTS
BALLSWEEP (2ND NINE)			
JOINT WINNERS	MR CHONG POH SUA VINCENT	(7.7)	19 PTS
	MR DARYL LOW	(0.8)	19 PTS
	DR LOH CHANG KAAN	(9.4)	19 PTS



MR DARYL LOW

RESULTS FOR MEN'S 'B' DIVISION (H'CAP 11.5 - 16.0)

WINNER	MR NG TECK CHEW	(13.0)	39 PTS
1ST RUNNER UP	MR LEE HIN HOOI	(15.1)	38 PTS
2ND RUNNER UP	MR SHAMMI VERMA	(16.0)	37 PTS OCB
BALLSWEEP (1ST NINE)			
JOINT WINNERS	MR STEPHEN LEONARD TCHEAU	(13.2)	21 PTS
	MR NG SOON LEE	(12.5)	21 PTS
BALLSWEEP (2ND NINE)			
JOINT WINNERS	MR TAN CHIEW HUA	(12.8)	19 PTS
	MR NG TECK CHEW	(13.0)	19 PTS



MR NG TECK CHEW

RESULTS FOR MEN'S 'C' DIVISION (H'CAP 16.1 - 24.9)

WINNER	MR LIM BOON THYE CLEMENCE	(17.5)	45 PTS
1ST RUNNER UP	MR CHOO CHYE HOCK	(19.6)	39 PTS
2ND RUNNER UP	MR KWAN FOOK CHUEN JEREMY	(16.8)	37 PTS
BALLSWEEP (1ST NINE)			
WINNER	MR LIM BOON THYE CLEMENCE	(17.5)	23 PTS
BALLSWEEP (2ND NINE)			
WINNER	MR LIM BOON THYE CLEMENCE	(17.5)	22 PTS



MR LIM BOON THYE CLEMENCE

RESULTS FOR LADIES' DIVISION (H'CAP 36.9 & BELOW)

WINNER	MS HUANG XIAO LI	(8.6)	41 PTS
1ST RUNNER UP	MS JACQUELINE LIM	(12.8)	40 PTS
2ND RUNNER UP	MS FAN SUET LAY	(25.0)	38 PTS
BALLSWEEP (1ST NINE)			
JOINT WINNERS	MS FAN SUET LAY	(25.0)	22 PTS
	MS JACQUELINE LIM	(12.8)	22 PTS
BALLSWEEP (2ND NINE)			
WINNER	MS HUANG XIAO LI	(8.6)	22 PTS



MS HUANG XIAO LI WAS NOT PRESENT FOR PRIZE PRESENTATION

***May Monthly Medals was cancelled due to inclement weather.**

Basic Golf Etiquette & Safety

Safety on the golf course is of paramount importance above all else. Golfers who face dangerous play complaints are required to appear before the Club's Disciplinary Committee. If golfers are found to have indeed engaged in dangerous play, they may be suspended from using the Club's facilities for 3 to 9 months, depending on the severity of the offence. There has been a total of about 10 suspensions between the year 2000 to 2018 resulting from dangerous play verdicts passed on to the respondents.

The OCC Golf Bye-law, Golf General Rules 2.3 defined Dangerous Play as per the following:

- Taking a stroke when the players in front are clearly NOT out of range
- Taking a stroke without due care and attention to other persons on the course
- Failure to shout 'fore' or giving warning to other players upon hitting a wayward shot that is likely to cause injury to the person on the course

Do Not Execute



You **SHOULD NOT** hit the shot when players in front are still on the fairway/rough within sight/range.



You **SHOULD NOT** hit the shot when the golfers in front are within sight/range and are walking off the green towards the buggy.

You **SHOULD NOT** hit the shot when the golfers in front are within sight/range and are still inside the buggy parked at the buggy parking zone next to the green, getting ready to move on to the next tee.

If you hit an unintentional dangerous shot towards another group of golfers, move forward to apologise sincerely to them. If a golfer is hurt by your shot, please attend to him immediately and get your fellow flight mate to seek help by calling the Emergency Number (displayed on the buggy wind screen). If the injury is serious, the evacuation should be conducted by professional medical staff in an ambulance. Do call 995 for an ambulance or get the Golfing staff to call the ambulance for assistance.

Good golfing etiquette starts with members stepping up to be a good role model and showing their guests the right thing to do on the golf course. We are all in this together to take charge of each other's safety and well-being on the golf course. Happy Golfing!

Article contributed by Head of Golf Dennis Ee

Better Posture For More Consistent Strikes

Regardless of a player's skill level, having solid contact with the golf ball is one of the most satisfying feelings in golf. Here are some key pointers on incorrect postures to avoid and correct postures to adopt, so that it can help you to store power and strike the ball in a more consistent way.



Common Incorrect Postures at Set-up



① "S" Posture

The "S" posture is often regarded as a correct posture in golf, with the lower back arched and upper back curved, thus creating an "S" shape. However, this actually stresses your lower back and locks down your hips, restricting mobility.



② "C" Posture

This is another common incorrect posture. The upper back is excessively curved with the chin tucked in, forming a "C"-shaped posture. This posture locks down your upper body, stopping it from turning effectively during your swing.



Correct Posture



To get into the correct posture, stand upright and adjust your hips such that your belt line is parallel to the ground. You might feel like you have to 'roll' the front of your hips inwards.



From the previous stance, you can bend forward from your hips to achieve the correct posture.



Contributed by
Mr Justin Han
OCC Resident PGA Professional
Singapore Development and Junior Squad Coach

Tel: 9137 1336
Email: justinhangolf@gmail.com



SECRETARY-GENERAL'S CUP 2018

8 JULY 2018, SUNDAY

GUEST OF HONOUR /
SECRETARY-GENERAL NTUC:
BROTHER NG CHEE MENG



Time	: 1:30pm (Shotgun Start)
Format of Play	: Stableford
Eligibility	: Gold, Silver & Union Member
Divisions	: Men's Division (HI 24.9 & below) Ladies' Division (HI 36.9 & below)
Entrance Fee*	: \$50 (Gold) \$70 (Silver) \$80 (Union)

STAND A CHANCE TO WIN
ATTRACTIVE LUCKY DRAW
& NOVELTY PRIZES!

GOODIE BAG: POLO TEE,
WIRELESS CHARGER,
DOCUMENT BAG



Registration Opens : 7 June 2018 (Thursday)

Register By : 25 June 2018 (Monday)

* Fees are subject to prevailing GST and include green fee, buggy fee, lunch and dinner.

For enquiries and registration, please call Golf Department at 6750 2102 / 6750 2111 or email golfregistration@orchidclub.com

OCC Ladies Open 2018

1 August, Wednesday

Bright & Bold

ENTRY FEES:

\$148 nett (Gold Member) **\$188** nett (Weekday Term & Silver Member)

\$198 nett (Corporate Union and Affiliate / MGK Member)

\$228 nett (Guest)

Format of Play and Divisions:

Premier Division: HI 9.4 & below (Strokeplay)

A Division: HI 9.5 – 18.4 (Strokeplay)

B Division: HI 18.5 – 27.4 (Strokeplay)

C Division: HI 27.5 – 36.4 (Stableford)

REGISTER BY : 10 July 2018, Tuesday

PRACTICE DAY : 18 July 2018, Wednesday

(\$100 nett inclusive of Green and Buggy Fees for Guests)

Goody Shoes!
A pair of FootJoy shoes



2 Designs to choose from!



NATIONAL DAY GOLF

9 AUGUST 2018, THURSDAY

JOIN US!

Time	: 7:45am (Shotgun Start)
Format of Play	: Stableford
Eligibility	: Gold and Silver Member
Divisions	: Men's Division (HI 24.9 & below) Ladies' Division (HI 36.9 & below)
Course	: Dendro/Vanda
Entrance Fee	: \$30
Green Fee	: \$70 (Silver member) \$80 (Corp. Union / MGK)
Buggy Fee	: \$25
Registration Opens	: 8 July 2018 (Sunday)
Register By	: 27 July 2018 (Friday)



All fees are subject to prevailing GST and include registration, lunch & free flow of beer.

For enquiries and registration, please call Golf Department at 6750 2102/2111 or email golfregistration@orchidclub.com

* The Organising Committee reserves the right to adjust the Handicap Index (HI) range for each division. Other T&Cs apply.

For enquiries and registration, please call 6750 2111

OUR SPONSORS:



1 Orchid Club Road Singapore 769162 | Tel: 6755 9811 | Fax: 6755 8874 | www.orchidclub.com

Extended till
31 August 2018

Weekday Golfing for Members' Guests

Here is a chance for you and your guests to pick up a collectible **OCC Golf Ball Marker**. Simply sign in 3 guests to form a flight of 4 for weekday golfing at the following special rates and complete your collection with a range of available colours! **While stocks last!**



Weekday Member's Guest Rate

(Inclusive of Green & Buggy Fees + GST)

Morning Session : \$108 nett

Afternoon Session : \$128 nett

Thursday Night Session : \$103 nett

For enquiries and bookings, please contact our **Golfing Department** at **6750 2102 / 2111** or email golfregistration@orchidclub.com

Terms & Conditions:

Member must be present for the game. Minimum of 3 guests in each booking per flight is required. Valid for weekday morning & afternoon sessions, and Thursday night session. Not applicable on weekends and public holidays. Bookings can be made 7 days in advance and subject to availability. Rate is inclusive of green fee, buggy fee and prevailing GST. OCC reserves the right to amend the Terms & Conditions at any time without prior notice.



SPIN THE WHEEL OF GOLF FORTUNE @ THE DRIVING RANGE

Valid till 31 August 2018

Spin the Wheel of Golf Fortune at the Driving Range and win instant prizes like **Ball markers, 1 Sleeve of Golf Balls, OCC Golf Cap and Complimentary Weekday Golf Voucher** with a minimum top-up of \$30! Each golfer is entitled to one spin at the point of top-up.

Terms & Conditions apply.

SPOT THE PINK BALLS & TOP UP \$40 TO ENJOY 50% MORE BALLS!

Instant prizes to be won!

Valid till 31 August 2018

Spot the **PINK** balls during your practice at our Driving Range and redeem **50% more balls** with minimum top-up of \$40 to your OCC Range Card.

In addition, stand to win instant prizes like **Golf Vouchers, Titleist ProV1x golf balls and more!**

Terms & Conditions apply. OCC reserves the right to amend the benefits and conditions at any time without prior notice.



For enquiries, please call Driving Range at 6750 2198.

Key Events for July:

- Secretary-General's Cup (8 July, Sun)
- Monthly Medal (14 July, Sat)
- ACC/OCC Bowling Championships (15 July, Sun)
- Tripartite Golf Friendly (29 July, Sun)

★ ★ ★
JULY

Mon Tue Wed Thu Fri Sat Sun

<p>30</p> <p>Sim Han Hoon Dance Class KpopX Fitness Competitive Swimming Learn-to-Swim</p>	<p>31</p> <p>SIG – Orchid Bulls Taijiquan Zumba Fitness Judo (Kids) Aqua Aerobics Competitive Swimming Scuba Diving Learn-to-Swim *CGE</p>			<p>Legend:</p> <p>*CGE - Corporate Golf Events</p>	<p>1</p> <p>Pilates Cardio Combat Taijiquan Karate Kickboxing Scuba Diving Toddler Swim Class Competitive Swimming *CGE</p>	
<p>2</p> <p>Sim Han Hoon Dance Class KpopX Fitness Competitive Swimming Learn-to-Swim</p>	<p>3</p> <p>SIG – Orchid Bulls Taijiquan Zumba Fitness Judo (Kids) Aqua Aerobics Competitive Swimming Scuba Diving Learn-to-Swim</p>	<p>4</p> <p>Sim Han Hoon Dance Class Functional Training Zumba Gold Zumba Fitness Competitive Swimming Learn-to-Swim</p>	<p>5</p> <p>SIG – Orchid Bulls Karaoke Night Zumba Fitness Pilates Cardio Combat Aqua Aerobics Competitive Swimming Learn-to-Swim</p>	<p>6</p> <p>Social Dance Night Taekwondo Taijiquan Kickboxing Competitive Swimming Learn-to-Swim *CGE</p>	<p>7</p> <p>Practice Dance Night Sim Han Hoon Dance Class SIG – OCC Black 8 SIG – OCC Bowling Yoga Aikido (Adults & Kids) Functional Training Competitive Swimming Scuba Diving Toddler Swim Class</p>	<p>8</p> <p>Secretary - General's Cup</p> <p>Pilates Cardio Combat Taijiquan Karate Kickboxing Scuba Diving Toddler Swim Class Competitive Swimming</p>
<p>9</p> <p>Sim Han Hoon Dance Class KpopX Fitness Competitive Swimming Learn-to-Swim</p>	<p>10</p> <p>SIG – Orchid Bulls Taijiquan Zumba Fitness Judo (Kids) Aqua Aerobics Competitive Swimming Scuba Diving Learn-to-Swim *CGE</p>	<p>11</p> <p>Sim Han Hoon Dance Class Functional Training Zumba Gold Zumba Fitness Competitive Swimming Learn-to-Swim *CGE</p>	<p>12</p> <p>SIG – Orchid Bulls Karaoke Night Zumba Fitness Pilates Cardio Combat Aqua Aerobics Competitive Swimming Learn-to-Swim</p>	<p>13</p> <p>Rummy-O Social Dance Night Taekwondo Taijiquan Kickboxing Competitive Swimming Learn-to-Swim *CGE</p>	<p>14</p> <p>Monthly Medal</p> <p>Social Saturday - Gift Wrapping Social Dance Night Sim Han Hoon Dance Class SIG – OCC Black 8 SIG – OCC Bowling Yoga Aikido (Adults & Kids) Functional Training Competitive Swimming Scuba Diving Toddler Swim Class</p>	<p>15</p> <p>ACC/OCC Bowling Championships</p> <p>Pilates Cardio Combat Taijiquan Karate Kickboxing Scuba Diving Toddler Swim Class Competitive Swimming</p>
<p>16</p> <p>Sim Han Hoon Dance Class KpopX Fitness Competitive Swimming Learn-to-Swim</p>	<p>17</p> <p>SIG – Orchid Bulls Taijiquan Zumba Fitness Judo (Kids) Aqua Aerobics Competitive Swimming Scuba Diving Learn-to-Swim</p>	<p>18</p> <p>Sim Han Hoon Dance Class Functional Training Zumba Gold Zumba Fitness Competitive Swimming Learn-to-Swim</p>	<p>19</p> <p>SIG – Orchid Bulls Karaoke Night Zumba Fitness Pilates Cardio Combat Aqua Aerobics Competitive Swimming Learn-to-Swim</p>	<p>20</p> <p>Social Talk - Will Planning Practice Dance Night Taekwondo Taijiquan Kickboxing Competitive Swimming Learn-to-Swim</p>	<p>21</p> <p>Line Dancing Night Sim Han Hoon Dance Class SIG – OCC Black 8 SIG – OCC Bowling Yoga Aikido (Adults & Kids) Functional Training Competitive Swimming Scuba Diving Toddler Swim Class OCC-U Golf 9-hole Night Series</p>	<p>22</p> <p>Pilates Cardio Combat Taijiquan Karate Kickboxing Scuba Diving Toddler Swim Class Competitive Swimming</p>
<p>23</p> <p>Sim Han Hoon Dance Class KpopX Fitness Competitive Swimming Learn-to-Swim *CGE</p>	<p>24</p> <p>SIG – Orchid Bulls Taijiquan Zumba Fitness Judo (Kids) Aqua Aerobics Competitive Swimming Scuba Diving Learn-to-Swim *CGE</p>	<p>25</p> <p>Sim Han Hoon Dance Class Functional Training Zumba Gold Zumba Fitness Competitive Swimming Learn-to-Swim *CGE</p>	<p>26</p> <p>SIG – Orchid Bulls Karaoke Night Zumba Fitness Pilates Cardio Combat Aqua Aerobics Competitive Swimming Learn-to-Swim</p>	<p>27</p> <p>Scratch-It-To-Win-It Night Social Dance Night Taekwondo Taijiquan Kickboxing Competitive Swimming Learn-to-Swim *CGE</p>	<p>28</p> <p>Social Dance Night Sim Han Hoon Dance Class SIG – OCC Black 8 SIG – OCC Bowling Yoga Aikido (Adults & Kids) Functional Training Competitive Swimming Scuba Diving Toddler Swim Class</p>	<p>29</p> <p>Tripartite Golf Friendly</p> <p>Pilates Cardio Combat Taijiquan Karate Kickboxing Scuba Diving Toddler Swim Class Competitive Swimming *CGE</p>

Key Events for August:

- OCC Ladies Open 2018 (1 August, Wed)
- August Ball (4 August, Sat)
- National Day Golf (9 August, Thu)
- Monthly Medal (11 August, Sat)
- Monthly Bowling Medal (11 August, Sat)
- Nee Soon FUNtARTstic Fiesta 3Ten Run (25 August, Sat)
- Club President's Cup (26 August, Sun)

★ ★ ★
AUGUST

Mon Tue Wed Thu Fri Sat Sun

<p>1</p> <p>OCC Ladies Open 2018</p> <p>Sim Han Hoon Dance Class Functional Training Zumba Gold Zumba Fitness Competitive Swimming Learn-to-Swim</p>	<p>2</p> <p>SIG – Orchid Bulls Karaoke Night Zumba Fitness Pilates Cardio Combat Aqua Aerobics Competitive Swimming Learn-to-Swim</p>	<p>3</p> <p>Social Dance Night Taekwondo Taijiquan Kickboxing Competitive Swimming Learn-to-Swim *CGE</p>	<p>4</p> <p>August Ball Sim Han Hoon Dance Class SIG – OCC Black 8 SIG – OCC Bowling Yoga Aikido (Adults & Kids) Functional Training Competitive Swimming Scuba Diving</p>	<p>5</p> <p>Pilates Cardio Combat Taijiquan Karate Kickboxing Scuba Diving Competitive Swimming</p>		
<p>6</p> <p>Sim Han Hoon Dance Class KpopX Fitness Competitive Swimming Learn-to-Swim *CGE</p>	<p>7</p> <p>SIG – Orchid Bulls Taijiquan Zumba Fitness Judo (Kids) Aqua Aerobics Competitive Swimming Scuba Diving Learn-to-Swim</p>	<p>8</p> <p>Sim Han Hoon Dance Class Functional Training Zumba Gold Zumba Fitness Competitive Swimming Learn-to-Swim</p>	<p>9</p> <p>National Day National Day Golf</p> <p>SIG – Orchid Bulls Karaoke Night</p>	<p>10</p> <p>Rummy-O Social Dance Night Taekwondo Taijiquan Kickboxing Competitive Swimming Learn-to-Swim</p>	<p>11</p> <p>Monthly Medal</p> <p>3Ten Run Race Pack Collection Social Saturday - Healthy Living Monthly Bowling Medal Practice Dance Night Sim Han Hoon Dance Class SIG – OCC Black 8 SIG – OCC Bowling Yoga Aikido (Adults & Kids) Functional Training Competitive Swimming Scuba Diving</p>	<p>12</p> <p>3Ten Run Race Pack Collection Pilates Cardio Combat Taijiquan Karate Kickboxing Scuba Diving Competitive Swimming</p>
<p>13</p> <p>Sim Han Hoon Dance Class KpopX Fitness Competitive Swimming Learn-to-Swim *CGE</p>	<p>14</p> <p>SIG – Orchid Bulls Taijiquan Zumba Fitness Judo (Kids) Aqua Aerobics Competitive Swimming Scuba Diving Learn-to-Swim</p>	<p>15</p> <p>Sim Han Hoon Dance Class Functional Training Zumba Gold Zumba Fitness Competitive Swimming Learn-to-Swim</p>	<p>16</p> <p>SIG – Orchid Bulls Karaoke Night Competitive Swimming Learn-to-Swim</p>	<p>17</p> <p>Practice Dance Night Taekwondo Taijiquan Kickboxing Competitive Swimming Learn-to-Swim *CGE</p>	<p>18</p> <p>Line Dancing Night Sim Han Hoon Dance Class SIG – OCC Black 8 SIG – OCC Bowling Yoga Aikido (Adults & Kids) Functional Training Competitive Swimming Scuba Diving OCC-U Golf 9-hole Night Series</p>	<p>19</p> <p>Pilates Cardio Combat Taijiquan Karate Kickboxing Scuba Diving Competitive Swimming</p>
<p>20</p> <p>Sim Han Hoon Dance Class KpopX Fitness Competitive Swimming Learn-to-Swim *CGE</p>	<p>21</p> <p>SIG – Orchid Bulls Taijiquan Zumba Fitness Judo (Kids) Aqua Aerobics Competitive Swimming Scuba Diving Learn-to-Swim *CGE</p>	<p>22</p> <p>Hari Raya Haji</p>	<p>23</p> <p>SIG – Orchid Bulls Karaoke Night Zumba Fitness Pilates Cardio Combat Aqua Aerobics Competitive Swimming Learn-to-Swim</p>	<p>24</p> <p>Social Dance Night Taekwondo Taijiquan Kickboxing Competitive Swimming Learn-to-Swim *CGE</p>	<p>25</p> <p>Nee Soon FUNtARTstic Fiesta 3Ten Run Social Dance Night Sim Han Hoon Dance Class SIG – OCC Black 8 SIG – OCC Bowling Yoga Aikido (Adults & Kids) Functional Training Competitive Swimming Scuba Diving</p>	<p>26</p> <p>Club President's Cup</p> <p>Pilates Cardio Combat Taijiquan Karate Kickboxing Scuba Diving Competitive Swimming</p>
<p>27</p> <p>Sim Han Hoon Dance Class KpopX Fitness Competitive Swimming Learn-to-Swim</p>	<p>28</p> <p>SIG – Orchid Bulls Taijiquan Zumba Fitness Judo (Kids) Aqua Aerobics Competitive Swimming Scuba Diving Learn-to-Swim</p>	<p>29</p> <p>Sim Han Hoon Dance Class Functional Training Zumba Gold Zumba Fitness Competitive Swimming Learn-to-Swim</p>	<p>30</p> <p>SIG – Orchid Bulls Karaoke Night Zumba Fitness Pilates Cardio Combat Aqua Aerobics Competitive Swimming Learn-to-Swim</p>	<p>31</p> <p>Scratch-It-To-Win-It Night Social Dance Night Taekwondo Taijiquan Kickboxing Competitive Swimming Learn-to-Swim *CGE</p>		

OCC SOCIAL & RECREATION WEEKLY PROGRAMMES

DANCE



Social Dance Nights

Aranda Lounge
7:30pm to 1:00am
Every Fri and Sat

Practice Dance Nights

Aranda Lounge
7:30pm to 1:00am
7 Jul & 20 Jul
11 Aug & 17 Aug



Sim Han Hoon Dance Class

Aranda Lounge
Mon, 8:00pm to 9:30pm
Wed, 8:00pm to 9:30pm

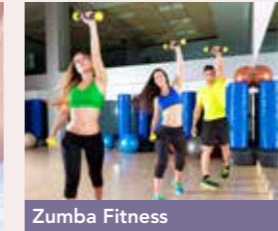
Lifestyle Studio
Sat, 5:00pm to 6:30pm

FITNESS



Yoga

Lifestyle Studio
Sat, 9:00am to 10:00am



Zumba Fitness

Lifestyle Studio
Tue, 7:30pm to 8:30pm
Wed, 7:00pm to 8:00pm
Thu, 7:30pm to 8:30pm

Pilates

Lifestyle Studio
Thu, 7:30pm to 8:30pm
Sun, 11:00am to 12:00pm

Zumba Gold*

Lifestyle Studio
Wed, 8:00pm to 9:00pm

Functional Training

Lifestyle Studio
Wed, 7:00pm to 8:00pm
Sat, 11:00am to 12:00pm

RECREATION



Karaoke Night**

Aranda Lounge
Thu, 12:00pm to 11:00pm



Mahjong & Cards

Mahjong Rooms (Daily)
Sun - Thu, 12:00pm to 11:00pm
Fri, Sat & Eve of PH, 12:00pm to 12:00mn



OCC Social Saturday

Sports Hub
10:00am to 12:00pm
14 Jul & 11 Aug



SIG - Orchid Bulls (Darts)

Aranda Lounge
Tue, 8:00pm to 10:00pm
Thu, 8:00pm to 10:00pm



Scratch-It-To-Win-It Night*

Sports Hub
7:00pm to 10:00pm
27 Jul & 31 Aug



SIG - Rummy-O*

Sports Hub
7:30pm to 9:30pm
13 Jul & 10 Aug

SPORTS



SIG - Black 8 (Pool)

Aranda Lounge/Sports Hub@OCC
OCC Black 8 Training
Sat, 3:00pm to 6:00pm

Bi-Monthly Cue Challenge
Last Monday of Odd Months, 7:00pm onwards

SIG - Bowling

Orchid Bowl
Sat, 3:00pm to 6:00pm

Bowling Monthly Medals

Orchid Bowl
2nd Saturday of the Month
(subject to change)



Competitive Swimming

Competitive Programme (Olympic Pool)
Mon - Fri, 5:30pm to 8:00pm

Recreation Programme (Fun Pool & Olympic Pool)
Wed, 5:00pm to 7:00pm
Sat, 9:00am to 11:00am; 4:00pm to 7:00pm
Sun, 9:00am to 11:15am; 4:00pm to 7:00pm

Learn-to-Swim

Fun Pool
Mon - Fri
5:00pm to 6:00pm; 6:00pm to 7:00pm

MARTIAL ARTS



Karate

Lifestyle Studio
Sun, 12:00pm to 1:00pm

Taekwondo

Lifestyle Studio
Fri, 7:30pm to 9:00pm

Taijiquan

Lifestyle Studio
Fri, 10:00am to 11:30am
Sun, 9:00am to 10:30am
10:30am to 12:00pm
1:00pm to 2:30pm

Aikido (Adults & Kids)

Lifestyle Studio
Sat, 3:00pm to 4:15pm

Judo (Kids)

Lifestyle Studio
Tue, 4:30pm to 5:30pm

Kickboxing

Lifestyle Studio
Fri, 12:00pm to 1:00pm
Sun, 3:00pm to 4:00pm

Cardio Combat

Lifestyle Studio
Thu, 6:30pm to 7:30pm
Sun, 10:00am to 11:00am



Simply Scuba (Scuba Diving)

Olympic Pool
Tue, 7:30pm to 9:00pm
Sat and Sun, 11:00am to 4:00pm

Aqua Aerobics

Olympic Pool
Tue, 9:00am to 10:00am
Thu, 7:00pm to 8:00pm
8:00pm to 9:00pm



Celestial
The Star Diamond

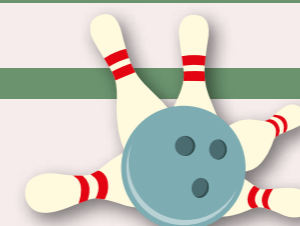
when our stars align

love shines brightest like the world's first 73-facet starburst diamond



GOLDHEART

SHOP.GOLDHEART.COM



* Free for OCC members, please bring along your membership card for verification * Charges apply for first drink

NOTE: All information is correct at time of printing.

For the full programme listing, please visit our website at www.orchidclub.com
For more information, email sports@orchidclub.com.

FITNESS CARNIVAL ON 5 MAY 2018 (SAT)

More than 100 people from all walks of life joined the Fitness Carnival for an active day of keeping fit in a fun way. The Recreation Clubhouse was bustling with activities ranging from tryouts for fitness programmes such as Yoga, Pilates and Functional Training to Health Talk, bazaar stalls and a mass Zumba workout.

Other than the interactive sessions, participants also had the opportunity to watch entertaining demonstrations from Kickboxing, Aikido, Taekwondo and Judo experts. It was an afternoon well spent for all as they learnt more about our fitness programmes while burning extra calories with the engaging instructors!



Zumba participants posing after a great sweat session!



Enjoying the mass Zumba workout.



Yoga Tryout.



Pilates Tryout.



Functional Training Tryout.



Aikido Demonstration and Tryout.



Kickboxing Demonstration and Tryout.



Taekwondo Demonstration.



Judo Demonstration.



Health Talk by nutritionist on weight loss.

Flip to page 31 for more information on our fitness programmes.

OCC DANCE FIESTA - TEA DANCE SPECIAL ON 15 JUNE 2018 (FRI)

Energy, excitement and enthusiasm filled the Aranda Lounge as more than 120 dancers gathered for the Tea Dance Special. Dancers were entertained through the afternoon with lively music and palatable refreshment in the company of like-minded friends.



Dancers dressed up for an enjoyable day of dancing!



Flaunting those elegant moves.



Dancers warming up the dance floor.



OCC Members Mr & Mrs Tan.



Getting into the joyous mood.



Posing for the camera!



DANCE WITH "HEART N SOUL"

For four nights in April and May, dancers put on their dancing shoes and flaunted their glamorous moves on the dance floor at Aranda Lounge. Great friendships were forged as everyone danced with one another along to a wide repertoire of tunes played by the live band "Heart N Soul".



Creating memories together with a group of friends.



Presenting "Heart N Soul".



Dance enthusiasts showing off their glamorous dance steps.

SCRATCH-IT-TO-WIN-IT NIGHT ON 27 APRIL & 25 MAY 2018 (FRI)

63 and 78 OCC members participated in April & May's Scratch-It-To-Win-It Night respectively. The participants enjoyed multiple rounds of games while helping themselves to a generous spread of refreshments. Congratulations to those who won attractive prizes on both nights and we thank all participants for their attendance!



Members engaging in the games.



OCC Member Michelle Kang and her daughter smiling for the camera.



(Left to right) OCC Members Adrian Oh, Shirley Chan and Paulus Tan.



Proud winners with their lucky draw prizes!

Look out for our upcoming Scratch-It-To-Win-It Night sessions on 27 July & 31 August (Friday)!

JOINT PAIN INTERVENTION TALK ON 20 APRIL 2018 (FRI)

46 members turned up at Aranda Lounge for an informative talk to find out ways to combat joint pain. Other than gaining knowledge about joint anatomy, members also learnt how to better manage joint pain through an interactive session where various simple methods of intervention were demonstrated. All in all, it was a rewarding afternoon with a certified Clinician who gave useful tips for participants to work towards healthy and pain-free joints.



Everyone listening attentively to the tips given.



Professionals demonstrating the correct postures and answering members' queries.



(Left to right) OCC Members Loh Mun Kay, Ronald Tay, Patrick Ding, Eric Lim, Steve Goh.



Our friendly intern Zahran guiding the beginners.

Enjoying the games over jokes and laughter.

RUMMY-O ON 11 MAY & 8 JUNE 2018 (FRI)

May and June's Rummy-O saw its all-time highest attendance of 42 and 38 members respectively. Members had a whale of a time challenging themselves in this fun game that requires strategy. Mdm Caroline Lim emerged as the final winner of the Rummy-O ladder and walked away with our top prize. It was definitely an enjoyable evening for all!



Final Winner OCC Member Caroline Lim (right) with 5th place winner Cecilia Lim (left).

Join us for the upcoming Rummy-O sessions on 13 July & 10 August (Friday)!

OCC SOCIAL SATURDAYS

ORIGAMI ART CRAFTING ON 21 APRIL 2018 (SAT)

Unique origami pieces came to life in the hands of 10 OCC members for April's Social Saturday session, as origami sheets were transformed into various ornaments. Members crafted lovely Origami Ornament Balls, Leaping Frogs and Circular Fireworks of vibrant colours. Everyone was delighted with their handmade origami ornaments that are ready to be displayed in their homes!



OCC Members Paulus Tan (1st from left), Lim Kok Beng and Fong Lai Siang (3rd and 4th from left) focused on crafting their Origami pieces.



OCC Member Mrs Tai with her great works of art!



OCC Member Mrs Ng and her son testing out the Leaping Frogs.



OCC Members Mrs Ng (top left) and Ms Michelle Kang (bottom left) enjoying a great bonding session with their kids.

MOTHER'S DAY SPECIAL ON 12 MAY 2018 (SAT)

A Mother's Day Special-themed Social Saturday was held in May, where 15 members had a creative session of Paper Quilling. Members learnt basic techniques of rolling strips of paper and arranging them to form decorative designs and patterns. Creative 3D works of paper art were brought to life. Kids also designed their own unique gift cards for their mums. Here's a special shout-out to all mothers out there – Happy Mother's Day!



FATHER'S DAY SPECIAL ON 9 JUNE 2018 (SAT)



Dedicating June to all fathers out there, a quirky Father's Day session of Caricature Drawing was organised. 19 OCC and ACC members learnt the basics of drawing portraits of their fathers and family members in exaggerated cartoon style. Everyone enjoyed themselves and each of them took home a personalised caricature from the instructor himself. A big thank you to all fathers – Happy Father's Day!



Learning to draw the basics.



Instructor explaining Caricature drawing techniques and sharing his knowledge.



OCC Members Michelle Kang, Doris Sim and Josephine Ng with their completed portraits!

Upcoming OCC Social Saturdays!

Come join us and engage in exciting hands-on activities with other members and friends to create unique festive pieces to bring home!

Monthly Sessions:
 Time : 10am to 12pm
 Venue : Sports Hub
 Fee* : Free (OCC/ACC Member)
 \$5 (Member's Guest)

Bring along your family and friends to enjoy a great weekend with us!
 *Material costs apply. Guest fee is subject to prevailing GST.

14 Jul 2018
Gift Wrapping

11 Aug 2018
Healthy Living

8 Sep 2018
Mid-Autumn Special

BOWLING MONTHLY MEDALS ON 12 MAY & 9 JUNE 2018 (SAT)

30 OCC & ACC Bowling SIG members gathered to compete in each of May & June's Bowling Monthly Medals. Facing off at Orchid Bowl, members vied for the top positions before adjourning for refreshments at the Sports Hub. The May Medal's lady bowlers each received a stalk of carnation in celebration of Mother's Day. Congratulations to the winners of all categories!



All smiles before the Roll-off!



Bowling Captain Jeremiah Tan poised for a strike!



Bowler in action.



Building strong friendship over post-game refreshments.



Bowlers having a joyful celebration with Bowling Convenor Mary Tan (2nd row, 4th from right).

25TH SUPER SPRINT SERIES SWIMMING CHALLENGE

22 September 2018 (Sat)
7:30am @ Olympic Pool
(Registration and warm-up)

Summer's here and it's the perfect time to join in for our refreshing swimming event! Excitement and pure fun is guaranteed!

Age Groups:

Single-age group from 6 years old & under to 12 years old
13 – 19 years old | 20 – 29 years old
30 – 39 years old | 40 – 49 years old
50 years old & above

Categories : 50m Butterfly, Backstroke, Breaststroke and Freestyle
Register By : 2 September 2018 (Sun)

	Registration Fee*	Event Entry Fee*
OCC/ACC Member	FOC	FOC
NTUC Member	\$4	\$4
Guest	\$5	\$5

*Fees are subject to prevailing GST.



For enquiries and registration, please call Sports Counter at 6750 2122 or email sports@orchidclub.com

Date : 15 July 2018 (sunday)
Time : 9am to 4pm
Venue : Orchid Bowl @ OCC
Fee* : **ACC / OCC Member \$35**
ACC / OCC Members' Family & Friends \$50
Union Member \$50
Closing Date: 1 July 2018 (Sunday)

Team Line Up

Team shall comprise of 3 bowlers

Format of Event (2 Sessions)

- 9:30am to 11:30am : Team Event (3 games per team consisting of 3 bowlers each)
- 1:30pm to 4:00pm : Individual Event (3 games per bowler)

Championship/ Prizes

Top 5 Teams, Top 10 Individual Men, Top 5 Individual Women & High Games Men & Ladies will receive prizes.

Handicap

Ladies : 10 pins per game with an additional 5 pins per game for players age 60[^] and above.

Men : 5 pins per game for players age 60[^] and above.

[^]As at 1 January 2018

*Fee is inclusive of prevailing GST, door gifts, lucky draws and light lunch.

See You There!

5TH ACC - OCC BOWLING CHAMPIONSHIP

For enquiries and reservations, please contact Ms Linda Yeo at 6584 6811 ext 30 or email linda.yeo@arandaclub.org.sg



Learn to Dive

Discover the thrill of diving with Simply Scuba, a PADI 5 Star Instructor Development Center with a team of dedicated instructors and dive masters. Dive courses are offered at all levels.



Sign Up
for Dive Courses at OCC and Trips to Tioman now!

10% OFF
for OCC Members

5% OFF
for NTUC Members



For enquiries and registration, please contact Simply Scuba at 9387 6383 or email chris@simplyscuba.com.sg

Will Planning Talk



Hayden Chng
Senior Manager of Family Legacy
Certified Associate Estate Planning
Practitioner & Financial Planner

A Will is essential for everyone. You have worked hard in your career to be where you are right now. And what's next? Your route to a smooth transfer of assets to the next generation or to loved ones will be simplified and secured, only when a proper Will planning is in place.

Join us at this talk to find out what happens when there is no Will in place and learn all the things to consider when drawing up a Will.

Date : 20 July 2018, Friday
Time : 1pm to 3pm
Venue : Aranda Lounge
Fee* : Free (OCC/ACC Member)
\$6+ (Member's Guest)

Register By : 10 July 2018, Tuesday

*Light refreshment is provided. Pre-registration is required.
Talk will commence with a minimum of 30 pax.
Limited seats available. Reserve your seats now.

For enquiries and registration, please call Aranda Lounge at 6750 2121 (open at 12pm daily) or email social@orchidclub.com

SINGAPORE'S ONLY NIGHT GOLF COURSE RUN



25 AUGUST 2018, SATURDAY | 6PM | ORCHID COUNTRY CLUB
REGISTRATION OPENS ON 15 MAY (TUESDAY)



Orchid Country Club | 16 September, Sunday | 7am - 12pm

Category	Distance	Normal(S\$)	OCC Members(S\$)
Competitive			
Masters (40 years old & above)	400M Swim / 3KM Run	65	52
Open (16 to 40 years old)	400M Swim / 3KM Run	65	52
Novice (16 years old & above)	100M Swim / 1KM Run	45	36
Junior (6 to 16 years old)	100M Swim / 1KM Run	40	32
Non-Competitive			
Inclusion (Individual)	50M Swim / 500M Run	30	24
Inclusion team of 2	50M Swim / 500M Run	60	48
Inclusion team of 3	50M Swim / 500M Run	90	72
Inclusion team of 4	50M Swim / 500M Run	110	88

- Entitlement**
- Event Tee
 - Event Swim Cap
 - Draw String Bag
 - Finisher Medal
 - E-certificate
 - Finisher Tee (for Masters & Open Category only)
 - Organiser Bag worth S\$30 (for Masters & Open Category only)
- For enquiry and/or to register, please email to Collin at collinng@ideas-room.com or call 91998690

CATEGORIES

	10KM INDIVIDUAL OPEN	5KM FUN RUN	1.5KM FAMILY RUN	
ORCHID COUNTRY CLUB/ ARANDA COUNTRY CLUB MEMBER	\$40	\$30	1 ADULT + 1 KID \$40	PER ADDITIONAL ADULT OR KID \$15
NTUC/UNION/ PAssion MEMBER	\$50	\$40	\$50	\$20
PUBLIC	\$60	\$50	\$60	\$20
EARLY BIRD (TILL 14 JULY)	\$45	\$35	\$45	\$20

Complimentary Fiesta Tickets Will Be Given To All Run Participants!
Fees are inclusive of prevailing GST. Visit www.3tenrun.com or email 3tenrun@orchidclub.com

Calling Out to All Participants! Visit www.orchidclub.com to check out our Weekday Team Golfing Membership (from \$1,800) that offers you access to golfing & social facilities for the family.

FITNESS PROGRAMMES

Zumba Fitness

Zumba involves dance and rhythmic aerobic movements that are performed to energetic music. With dance moves incorporating elements of hip-hop, soca, samba, salsa, merengue and mambo, this fun group programme is geared towards improving all elements of fitness!



Day & Time : Every Tuesday, 7:30pm to 8:30pm
Every Wednesday, 7pm to 8pm
Every Thursday, 7:30pm to 8:30pm

Venue : Lifestyle Studio
Fee* : \$95 (OCC Member)
\$100 (NTUC Member)
\$105 (Guest)

*Fees are for 8 sessions per term, subject to GST

Aikido

Our Aikido classes are conducted by Aikido Shinju-Kai, officially recognised by Japan's Aikido World Headquarters. The art of Aikido helps to de-stress, improve health, and build confidence and character. Discover and understand your true self while learning subtle, smooth and circular movements for practical self-defence.



Day : Every Saturday
Time : 3pm to 4pm (Child), 3pm to 4:15pm (Adult)
Venue : Lifestyle Studio
Fee* : \$150 (OCC Member)
\$155 (NTUC Member)
\$165 (Guest)

*Fees are for 10 sessions per term, subject to GST

Judo Kids (4-12 years old)

A character-building martial art that develops your child's basic physical fitness such as strength, flexibility, speed, balance and agility, through the use of attack and defence moves.



Day & Time : Every Tuesday, 4:30pm to 5:30pm
Venue : Lifestyle Studio
Fee* : \$80 (OCC Member)
\$85 (NTUC Member)
\$90 (Guest)

*Fees are for 4 sessions per term, subject to GST

Taiji

A traditional Chinese martial art characterised by slow movements and gentle flowing strokes, Taijiquan is widely practised to regulate the Body, Breathing, Mind, Qi (Vital Energy) and Spirit.



Day & Time : Beginner Every Sunday, 1pm to 2pm
Intermediate Every Sunday, 10:30am to 12pm
Advanced Every Tuesday, 7:30pm to 9pm
Every Friday, 10am to 11:30am
Every Sunday, 9am to 10:30am

Venue : Lifestyle Studio
Fee* : \$200 (OCC Member)
\$205 (NTUC Member)
\$210 (Guest)

*Fees are for 12 sessions per term, subject to GST

Cardio Combat

High energy martial arts inspired workout that is totally non-contact. Punch and kick your way to fitness, burning up to 740 calories in a class. Learn various martial arts moves to release stress and feel like a champ! No experience required.



Day & Time : Every Thursday, 6:30pm to 7:30pm
Every Sunday, 10am to 11am

Venue : Lifestyle Studio
Fee* : \$100 (OCC Member)
\$105 (NTUC Member)
\$110 (Guest)

*Fees are for unlimited sessions per month, subject to GST

Karate

As an ancient Japanese art of self-defense, Karate is a great way to maintain good health and is suitable for anyone aged between 5 to 70 years old. It involves good cardio exercises, joints and muscle development, and bones and tendon conditioning.



Day & Time : Every Sunday, 12pm to 1pm
Venue : Lifestyle Studio
Fee* : \$180 (OCC Member)
\$190 (NTUC Member)
\$200 (Guest)

*Fees are for 10 sessions per term, subject to GST

* All Classes are subject to changes by instructor.

For enquiries and registration, please call Gym at 6750 2199 or email sports@orchidclub.com

THE WORKOUT GRIND TOWARDS FITNESS

Jumping onto the fitness bandwagon and committing herself to a personal training programme with Akmal, OCC Senior Fitness Instructor, since April 2017 might just be the best decision for Chitra.

Before starting on the workout programme with Akmal, Chitra had already been training on her own but wanted someone to push her further in her fitness journey. With the motivation and goal of reducing body fat percentage and doing at least one proper unassisted pull-up, Chitra is now consistently training with Akmal 3 times a week at OCC.

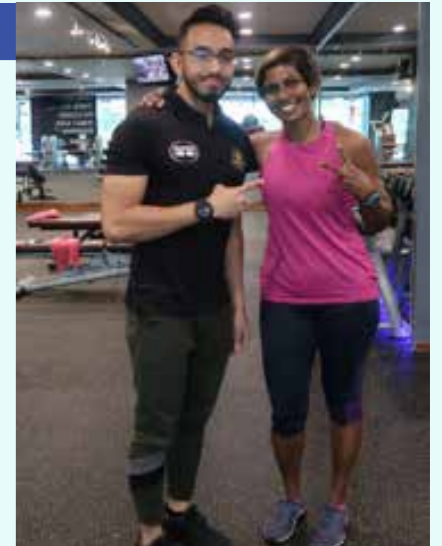
A Chat with Chitra on her Fitness Journey

What was the workout programme with Akmal like?

Previously I would only do straight sets and pretty much straightforward routines. However, with Akmal, my workouts have become so much more fun, with a regular mix of strength training, endurance training and functional workouts. He taught me different ways to train particular muscle groups and helped me to understand the thinking and rationale behind each exercise and how it worked the different muscles. I also learnt more about the different phases of a fitness programme such as water loading and proper dieting in order to achieve the goals that I had. What made it that much more enjoyable was that I would never know what I would be in for during each session!

How do you feel after the workout sessions? Did you experience or notice any change both physically and mentally?

Overall, my strength and fitness levels have improved greatly since I began my training with Akmal. I have even noticed an improvement in my swimming speed, which has never been a strong point for me. The best part of my workouts? Definitely the increased energy level and confidence that I have now!



Senior Fitness Instructor Akmal (left) with his student Chitra (right).

Simple Workout Routine To Get In Shape!

Bear Crawl – [60 seconds, 3 sets]



1. To begin, place both hands and feet on the floor.

2. Walk your left arm and right leg forward, and then your right arm and left leg. Keep moving forward in this position, keeping your weight evenly distributed between your arms and legs.

Reverse Lunges to Face-Pull – [12 reps, 3 sets]



1. Begin the movement with your arms fully extended to the front and your hands in a pronated (palms down) grip. Take a large step back and do a reverse lunge. Keep your core tight and back upright.

2. As you return to standing position, pull your hands back toward your face, and retract your shoulder blades. Be sure to keep your elbows elevated and in-line with your shoulders throughout the movement.

To find out more about our Personal Training Programme, please call Gym at 6750 2199 or email sports@orchidclub.com

Get professional coaching on basic tennis techniques for children, and engage them in an active lifestyle with a newfound interest in sports!

Junior Tennis Programme



CLASS	AGE	EVERY SATURDAY
Red Ball	4.5 - 7 years old	8.15am - 9am
Orange Ball	7 - 9 years old	9am - 10am
Green Ball	9 years old & above	10am - 11am

**Fees: \$110 (OCC Member)
\$120 (NTUC Member)
\$130 (Guest)**

**Fees are for 4 sessions per term, subject to prevailing GST.*

For enquiries and registration, please call Sports Counter at **6750 2122** or email **sports@orchidclub.com**



53RD NATIONAL DAY

FROM 1 JULY TO 31 AUGUST 2018

HOTEL STAYCATION @ \$153+

(FOR 2 ADULTS, 2 CHILDREN)



- Additional 25 Orchid Dollars @ selected outlets.
- Four complimentary bowling games @ OCC Orchid Bowl!



OCC members enjoy a waiver of 10% service charge!
*Upgrading to Deluxe Family Room/ Weekend Surcharge (Fri, Sat, Eve of PH and School Holiday) will be at \$25** per night.
Terms & Conditions apply.

For enquiries and reservations, please contact Orchid Lodge at 6750 2100 or email roomsales@orchidclub.com

July to August 2018 Promotions at Par Lounge



National Day Special



Chivas Regal 18yrs
\$168⁺⁺ per bottle (U.P. \$230⁺⁺)
\$298⁺⁺ for 2 bottles (U.P. \$460⁺⁺)



Glenlivet 18yrs
\$248⁺⁺ per bottle (U.P. \$295⁺⁺)

Glenlivet 12yrs
\$258⁺⁺ for 2 bottles (U.P. \$300⁺⁺)



Karlsbrau Beer
\$35⁺⁺ for 6 bottles (U.P. \$54⁺⁺)



Cresten Beer
\$35⁺⁺ for 6 bottles (U.P. \$54⁺⁺)



For enquiries, please call Par Lounge at 6750 2204
Par Lounge is located at Golf Clubhouse (Level 2)

PING®

Exclusively for OCC members!

PLAY YOUR BEST™

30% Discount
on PING Putters with
every PING Iron Set
(4pcs minimum)
purchased



PING Vault 2.0 Putter



OCC Members
enjoy 20% to
30% discounts
on regular-priced
items and custom-
fitted products!

Promotion is valid from 1 July to 31 August 2018. Not to be combined with other vouchers or promotions. T&Cs apply. Promotion valid only at PING@OCC.

Orchid Bowl
Another leisure and lifestyle choice by NTUC Club



WORLD CUP DRAW

Join us in the soccer fever of 2018 FIFA World Cup!!
Bowl, predict & win... **stand a chance to win**
attractive prizes worth over \$28,000 when you bowl
at Orchid Bowl from now till 15 July 2018.

Terms & conditions apply.



- Guess World Cup FINAL
6 winners with prizes worth over **\$27,000** in total
- Guess World Cup SEMI FINAL
4 winners with prizes worth over **\$1,000** in total
- Guess World Cup QUARTER FINAL
5 winners with prizes worth over **\$300** in total
- Guess World Cup ROUND OF 16 winners
6 winners with prizes worth over **\$250** in total

For enquiries, please call Orchid Bowl @
Orchid Country Club at 6759 4448.

www.orchidbowl.com.sg Find us on Facebook
Orchid Bowl

PAN-WEST @ Driving Range

We serve you GOLF, all round



**BUY 2 GET 1
FREE**

NEW IN

ASHER|GOLF
Chuck Golf Gloves
(U.P. \$22.50 / each)



RTX-3 Blade Wedge
(U.P. \$179 / each)

**2 FOR
\$199**



OCC Members
enjoy 5% discount
on regular-priced
items!

OFFERS VALID TILL 31 AUG 2018. EXCLUSIVELY FOR ORCHID COUNTRY CLUB MEMBERS

CELEBRATIONS SET PACKAGE

peach garden
chinese restaurant

Celebration Deluxe Set Menu

Mon - Thu
\$498++
per table for 10 persons

Fri - Sun, Eve of P.H & P.H
\$598++
per table for 10 persons

- Enjoy ONE of the following complimentary item below:
- Free flow Beer and House Wine for 60 mins (U.P. \$300++)
 - OR
 - Lobster Salad Combination (U.P. \$228++)
 - OR
 - Roasted Golden Suckling Pig Combination (U.P. \$228++)

Celebration Premium Set Menu

Mon - Thu
\$688++
per table for 10 persons

Fri - Sun, Eve of P.H & P.H
\$838++
per table for 10 persons

- Free flow Beer and House Wine for 60 mins (U.P. \$300++)
- Lobster Salad Combination (U.P. \$228++)

Make your reservation now at www.peachgarden.com.sg

Peach Garden @ Orchid Country Club
1 Orchid Club Road, #02-35 Social Club House, Singapore 769162

Tel: 6759 3833
www.peachgarden.com.sg



Terms and Conditions: • Promotion is only valid at Peach Garden @ Orchid Country Club till 30 September 2018. • Promotion is not valid on eve of and on Father's day. • Prices are subject to 10% service charge and prevailing government taxes, unless otherwise stated. • Promotion is not valid in conjunction with other discount cards, credit cards, vouchers and offers. • Food images are for illustration purposes only. • Peach Garden management reserves the right to withdraw and/or amend the above terms and conditions without prior notice.

*Offers valid while stocks last. Terms and Conditions Apply.
*For any enquiries, please call 6752 3110.

www.pan-west.com golf@pan-west.com PanWestSingapore

Check out some upcoming ACC events specially extended to OCC members!

Upcoming Activities

JULY

2D1N Durian Feast Tour at Batam



Batam is the perfect weekend getaway from the hectic hustle and bustle of city life! Just an hour ride away from Singapore and you will enjoy a massage followed by a delicious seafood lunch! Shop at the Nagoya Hill Mall for the local delicacies and products. We will also visit Chinatown where you can buy dried seafood products. The highlight of this escapade will be the durian feast before heading back to Singapore. Limited spaces are available, so register early to avoid disappointment.

Date : 21 & 22 July 2018 (Saturday & Sunday)
 Venue : Assemble at HarbourFront Ferry Terminal,
 2nd Level Departure Hall at 7:30am sharp
 Fee* : \$200 (OCC Member), \$170 (OCC Member's Child),
 \$205 (Union Member), \$175 (Union Member's Child),
 \$215 (Guest), \$180 (Guest's Child)
 Min Pax : 25 persons
 Closing Date: 7 July 2018 (Saturday)

*Child is between 3 to 12 years old.

Meridian101 Facial Reflexology



The human body is made up of various channels and pathways coming together in a network known as the Meridian System. Meridian101 Facial Reflexology will focus on the care of our internal organs through the stimulation of the reflexology zones on our face and head. This combines the TCM ancient art of Guasha with modern biotech essential oils that will result in an instant radiant facelift. What's more, it will lighten your laugh lines, reduce your eye bags, dark eye rings, and the wrinkles around the eyes and forehead right before your very eyes. You can be sure to walk out of the workshop looking more youthful. Confirm your attendance to reserve your seat.

Date : 22 July 2018 (Sunday)
 Time : 3pm - 6pm
 Venue : Tulip Room (2nd Level, Clubhouse)
 Fee : \$22 (OCC Member), \$24 (Union Member), \$30 (Guest)
 Min Pax : 10 persons
 Closing Date: 15 July 2018 (Sunday)

AUGUST

3D2N Genting Highlands Trip



Perched on the peak of the magnificent Titiwangsa Mountains, Genting Highlands is one of the most popular holiday spots in Malaysia. If you are planning on bringing children along for a fun-filled getaway, there really is no better place than this family-friendly destination! There are many activities to do there; from shopping at the Premium Outlet mall, makan at the restaurants, to visiting the local Chin Swee Caves temple. This is a free and easy itinerary and there will be something for everyone. Limited spaces are available so book early!

Date : 4 to 6 August 2018 (Saturday to Monday)
 Venue : Assemble at ACC Lobby at 6:15am sharp
 Fee : \$265 (OCC Member), \$270 (Union Member),
 \$285 (Guest)
 Min Pax : 25 persons
 Closing Date: 21 July 2018 (Saturday)

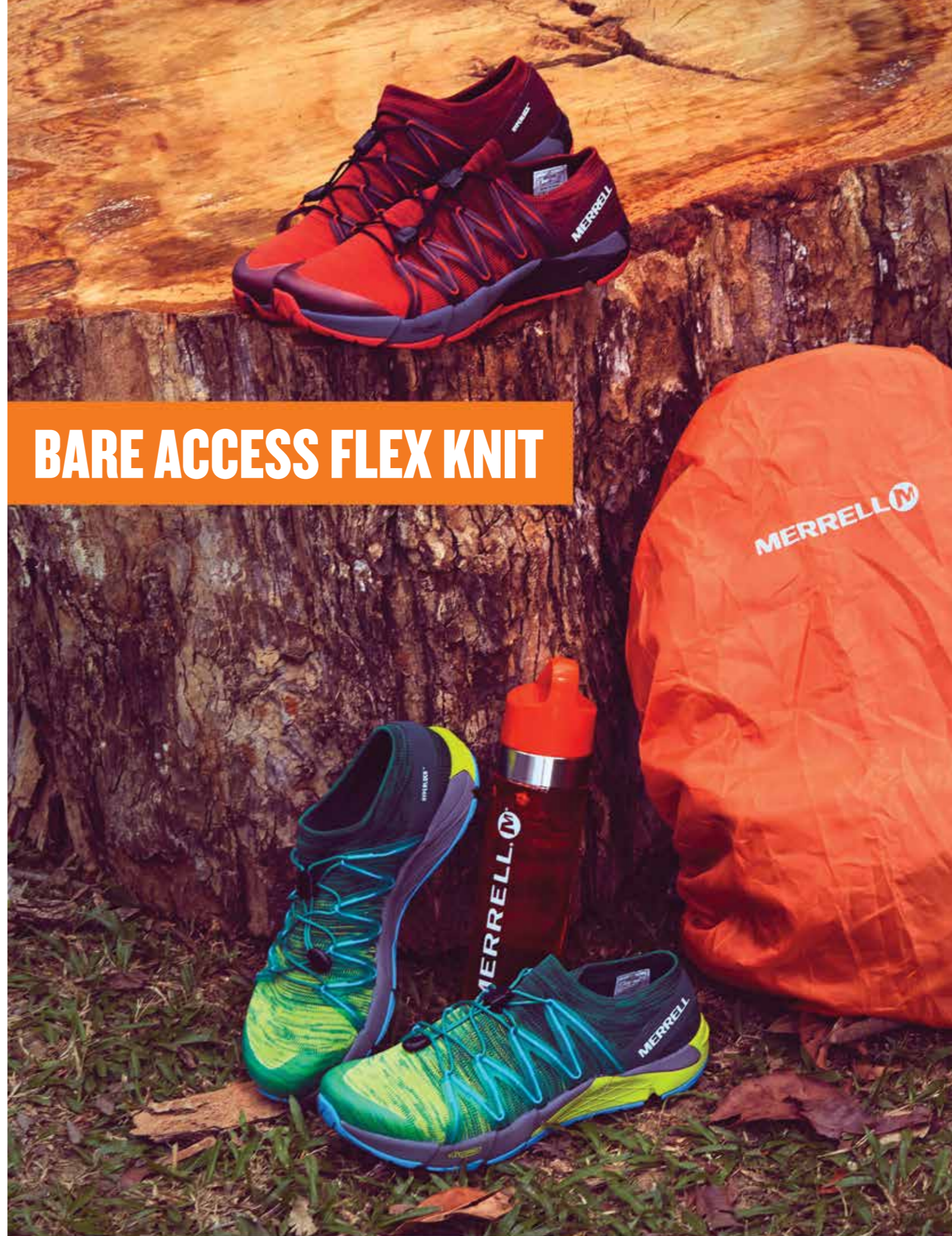
Korean Skincare Workshop



Korea has long been culturally obsessed with healthy skin and they have spent decades in scientific research for the pursuit of flawless skin. For them, it has become less of a routine; instead, it is a lifestyle that has been adopted all over the globe. This workshop will share some of the secrets that have made Korean skincare products a much sought-after product around the world. Learn how to rejuvenate your tired looking skin and reduce dark eye rings and eye bags as part of your daily routine. Reserve your seat by registering early.

Date : 25 August 2018 (Saturday)
 Time : 2pm - 4pm
 Venue : Tulip Room (2nd Level, Clubhouse)
 Fee : Free (OCC Member), \$2 (Union Member), \$6 (Guest)
 Min Pax : 10 persons
 Closing Date: 18 August 2018 (Saturday)

For enquiries and reservations, please contact **Ms Linda Yeo** at **6584 6811 ext 30** or email **linda.yeo@arandaclub.org.sg**.



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MERRELL

Motivating & Inspiring Us To Do Better And To Serve You Better



I would like to express my thanks and appreciation for the service and care my family and I received at your hotel, Orchid Country Club from 15 April 2018 to 28 April 2018. It was our first stay in your establishment and we wanted it to be as comfortable and memorable. Your staff did not disappoint us.

I contacted your resort executive, Ms Zizie Mohamad, to make my reservation for my stay here. She has been nothing but helpful and pleasant. She assisted me in my reservation and in answering all my queries regarding your establishment. She made it very welcoming for my family and we look forward to our stay here.

Our stay in your establishment only gets better though. It was a very warm and friendly atmosphere. From the get go, we were met with friendly staff and even friendlier and efficient room attendants.

I was blown away by how fast, efficient and warm your staff are. Your room attendants, Ms Rohayah and Mr Jun Wei were attentive and kind too! Personally, none of the other attendants can beat the duo in how fast they made up our room. I love how they work so efficiently and how perfect Mr Jun Wei made the bed! In my opinion, these two staff should be recognised for their hard work.

Thank you, Ms Rohayah and Mr Jun Wei. You made the room feel fresh and warm. Not to forget Ms Zizie, the person who made me want to stay here too!!

We had a wonderful two weeks stay in Orchid Country Club and I will recommend your establishment to all my colleagues, friends and family. Thank you again for such outstanding service.

Roshidah Bte Ismail
Guest



Varukatty was amazing in every respect and I really liked how he made sure that I had all the info for my stay, and I truly look forward to him being here during my next visit.

I want to give the staff of Royal Palm a thumbs-up as well. They nicely extended the lunch buffet by an extra 10 mins so we could enjoy and have our fill, because we made it down there a little close to closing time.

Morata Beverly
Guest



It is my first time joining such an activity (Easter Egg Painting) since being a member! Very fun and also a good learning experience for my 6-year-old. Staff was also very friendly and helpful, making the session interesting and pure fun!

Michelle Kang
Member



Dear Dennis,

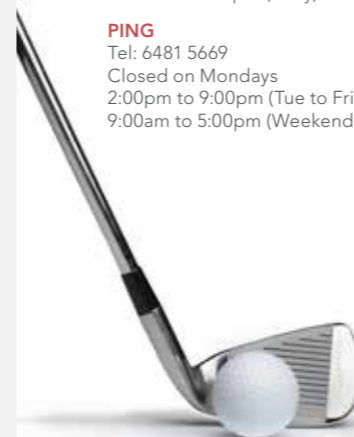
I write to you in my capacity as the League Captain of Warren Golf & Country Club.

Orchid Country Club hosted our first league match on 25 March 2018 (Sunday) and we also had practice rounds on 21 & 23 March 2018. I would like to record my appreciation for you and your golfing team for a most wonderful experience for all the days when we played there.

The course was clearly very well maintained, its fairways and greens were in pristine condition. From the golf bag drop area, marshals, F&B & locker room, we were greeted with warm & friendly smiles, a most pleasant experience indeed.

Please thank all the other Heads of Departments for a job well done in motivating all the staff to provide such an excellent level of service.

Best Wishes & Warmest Regards,
Mark Chin
League Captain/Vice Captain
Warren Golf & Country Club



MEETINGS, CONVENTIONS & BANQUET SERVICES
Tel: 6750 2166
s&m@orchidclub.com

ROOM RESERVATIONS
Tel: 6750 2100
roomsales@orchidclub.com

MEMBERSHIP
Tel: 6750 2123
membership@orchidclub.com

GOLF REGISTRATION
Tel: 6750 2111
golfregistration@orchidclub.com

DRIVING RANGE OFFICE
Tel: 6750 2198

S&R FACILITIES
Tel: 6750 2122
sports@orchidclub.com

SOCIAL COUNTER
Tel: 6750 2121
social@orchidclub.com

FINANCE
Tel: 6750 2183
finance@orchidclub.com

MARCOM
Tel: 6750 2160
marcom@orchidclub.com

PURCHASING
Tel: 6750 2129
purchasing@orchidclub.com

GOLF ◀

GOLF REGISTRATION COUNTER
7:00am to 7:00pm daily (Extended hours till 9:00pm when there is night golf)

TEE OFF 18-HOLE
7:07am to 8:59am (Mornings)
12:01pm to 1:53pm (Afternoons)
4:27pm to 5:58pm (Thursdays, unless otherwise stated)

TEE OFF 9-HOLE
7:07am to 8:59am (Weekday mornings)
4:27pm to 5:16pm (Daily)

CHANGING ROOM
7:00am to 9:00pm (Mon to Wed)
7:00am to 11:00pm (Thu)
7:00am to 9:00pm (Fri)
6:00am to 9:00pm (Sat, Sun & PH)
* Female Changing Room available from 11:00am on 1st and 3rd Monday of the month.

DRIVING RANGE
7:00am to 11:00pm (Tue to Sun)
12:00pm to 11:00pm (Mon)

DK DELIGHTS (ARANDA HALFWAY HOUSE)
8:00am to 5:30pm (Daily)

FATELICIOUS SNACK HOUSE (DENDRO HALFWAY HOUSE)
8:00am to 5:30pm (Daily)

PAN-WEST
Tel: 6752 3110
7:00am to 9:00pm (Daily)

PING
Tel: 6481 5669
Closed on Mondays
2:00pm to 9:00pm (Tue to Fri)
9:00am to 5:00pm (Weekends & PH)

F&B ◀

HIMAWARI JAPANESE RESTAURANT
Tel: 6834 3313
Lunch: 11:45am to 2:45pm
Dinner: 5:45pm to 10:00pm

MY LITTLE CAFÉ
1:00pm to 11:00pm (Daily)

PAR LOUNGE
Tel: 6750 2204
2:00pm to 12:00 midnight (Sun to Fri)
2:00pm to 1:00am (Sat)

PEACH GARDEN@OCC
Tel: 6759 3833
Lunch: 11:30am to 2:30pm (Mon to Fri)
Dinner: 5:30pm to 10:00pm (Mon to Fri)
Lunch: 10:00am to 2:30pm (Sat, Sun & PH)
Dinner: 5:30pm to 10:00pm (Sat, Sun & PH)

PEACH GARDEN@THE GREEN
Tel: 6754 3313
Closed on Mondays
4:00pm to 10:30pm (Tue to Fri)
11:00am to 10:30pm (Sat, Sun & PH)

ROYALE CAFÉ
Closed on Mondays
10:00am to 7:00pm (Tue to Fri)
9:00am to 8:00pm (Sat & Sun)

ROYAL PALM @ OCC
Tel: 6555 2165
Lunch (Buffet): 12:00pm to 2:30pm (Daily)
Dinner (Buffet): 6:00pm to 10:30pm (Daily)
Ala Carte: 12:00pm to 10:30pm (Daily)

SUBWAY
Tel: 6482 7942
9:00am to 9:00pm (Daily)

VANDA TERRACE
(operated by NTUC Foodfare)
Tel: 6750 2200
7:30am to 10:00pm (Daily)
*Last order at 9:30pm

SUPERMARKET ◀

NTUC FAIRPRICE
9:00am to 10:00pm (Daily)

FACILITIES ◀

ARANDA LOUNGE
Tel: 6750 2121
12:00pm to Midnight (Sun to Thu)
12:00pm to 1:00am (Fri & Sat & Eve of PH)

ASIA GYMNASTICS & DANCE ACADEMY
Tel: 8777 3313
9:30am to 9:00pm (Daily)

AUDIOLINE
Tel: 6756 5585
10:00am to 8:00pm (Daily)

CHILDREN'S OUTDOOR PLAYGROUND
7:00am to 7:00pm (Daily)

FUNPOOL & BUNKER POOL
7:00am to 9:00pm (Daily)

GYMNASIUM
7:00am to 10:30pm (Daily)

HEALING TOUCH – MASSAGE AND SPA
Tel: 6759 0752
11:00am to 10:30pm
Last appointment at 9:00pm

LITTLE SKOOL-HOUSE
Tel: 6759 0393
7:00am to 7:00pm (Mon to Fri)
7:00am to 2:00pm (Sat)

MAHJONG ROOMS
12:00pm to 11:00pm (Sun to Thu)
12:00pm to 12:00 midnight (Fri, Sat & Eve of PH)

MUSIC FOR YOUNG CHILDREN SINGAPORE
Tel: 6100 0306
4:00pm to 9:00pm (Thu & Fri)
9:00am to 5:00pm (Sat)
9:00am to 12:00pm (Sun)

OLYMPIC POOL
7:00am to 9:00pm (Daily)

ORCHID BOWL
Tel: 6759 4448
10:00am to 1:00am (Mon to Thu, Sun & PH)
10:00am to 3:00am (Fri, Sat & Eve of PH)

ORCHID LODGE
24 hours

ORCHIS PAVILION – PHOTO STUDIO
Tel: 6222 3602
9:00am to 8:00pm (Daily)

PLAY FIT @ OCC
Tel: 9299 8537
11:00am to 9:00pm (Mon to Sun)

POP INSTITUTE
Tel: 6346 5155
9:00am to 6:00pm

READING/TV CORNER
9:00am to 11:00pm (Sun to Thu & PH)
9:00am to 1:00am (Fri, Sat & Eve of PH)

TENNIS COURT
7:00am to 10:00pm (Daily)

FUTSAL COURTS
Tel: 9185 2555
8:00am to 11:00pm (Daily)



CLUB PRESIDENT'S CUP 2018

26 August 2018, Sunday

Tee-off Time : 1:15pm (Shotgun start)

Format of Play : Stableford

**Divisions : Men's Division (HI 24.9 & below)
Ladies' Division (HI 36.9 & below)**

Entrance Fee : \$30

**Green Fee : \$70 (Silver member)
\$80 (Corporate Union & MGK Member)**

Buggy fee : \$25

Registration Opens : 25 July 2018 (Wednesday)

Register By : 16 August 2018 (Thursday)



Terms & conditions apply. All fees are subject to prevailing GST and include golf game, luncheon and dinner (free flow of beer during dinner)

For enquiries and registration, please call Golf Department at 6750 2102/2111
or email golfregistration@orchidclub.com