# A Publication by May – June 2017 | Issue MCI (P) 033/08/2016 | 49 MCI (P) 03-3/08/2016 **ORCHÍD** per of **I** ORCHID GREETINGS FROM OCC JUNIOR GOLFERS!

### VISION

A leader in golf & hospitality, delighting our guests with a uniquely Orchid experience. The Choice!





### MISSION Bringing a quality lifestyle to

our guests. Making a difference with our passion.





### CORE VALUES – SMILE

SHARED RESPONSIBILITY Taking ownership and working as a team.

**MUTUAL RESPECT** Willingness to listen and be open.

**ICONIC SERVICE** Providing service that is above all.

**LEARNING**<sup>3</sup> Improving through continuous learning.

**ENJOY ORCHID** Creating a fun-filled place for all. Making H3 (Happy, Hearty and Healthy) environment a reality.

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- **UNIQUELY ORCHID** 2 Key contacts/operating hours
- SOCIAL & RECREATION 3 Sub-committee Chairman's Message
- **CLUB BULLETIN** 4 The latest happenings in OCC
- 7 TEE TALK News from the Golf Department
- 18 PLAN & PLAY May/June calendar of events
- 21 SOCIAL BUZZ Past events
- 24 HIP & HAPPENING Upcoming events and programmes
- 29 DEALS@OCC Promotions at the various outlets
- 33 OCC-ACC CONNECTION Upcoming events from Aranda Country Club
- 35 STAFF SPOTLIGHT Updates on the team behind the scenes

### **Club General Committee**

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Lady Captain	Mrs Susan Gan
Treasurer	Mr Vincent Fong
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Secretary	Mr Richard Foo

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### UNIQUELY ORCHID

### CLUB DIRECTORY

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**ROOM RESERVATIONS** Tel: 6750 2100

MEMBERSHIP Tel: 6750 2123

**GOLF REGISTRATION** Tel: 6750 2111

**DRIVING RANGE OFFICE** Tel: 6750 2198

**S&R FACILITIES** Tel: 6750 2122

### **GOLF**

**GOLF REGISTRATION COUNTER** 7:00am to 7:00pm daily (Extended hours till 9:00pm when there is night golf)

#### TEE OFF 18-HOLE

7:07am to 8:59am (Mornings) 12:01pm to 1:53pm (Afternoons) 4:27pm to 5:58pm (Thursdays, unless otherwise stated)

**TEE OFF 9-HOLE** 7:07am to 8:59am (Weekday mornings) 4:27pm to 5:16pm (Daily)

#### **CHANGING ROOM**

7:00am to 9:00pm (Mon to Wed) 7:00am to 11:00pm (Thu) 7:00am to 9:00pm (Fri) 6:00am to 9:00pm (Sat, Sun & PH) \* Female Changing Room available from 11.00am on 1<sup>st</sup> and 3<sup>rd</sup> Monday of the month.

DRIVING RANGE 7:00am to 11:00pm (Tue to Sun) 12:00pm to 11:00pm (Mon)

DK DELIGHTS (ARANDA HALFWAY HOUSE) 8:00am to 5:30pm (Daily)

FATELICIOUS SNACK HOUSE (DENDRO HALFWAY HOUSE) 8:00am to 5:30pm (Daily)

PAN-WEST Tel: 6752 3110 7:00am to 9:00pm (Daily)

PHIL BREW GOLF ACADEMY Tel: 6910 7057 10:00am to 8:00pm (Mon to Fri) 8:00am to 7:00pm (Sat & Sun)

#### PING

Tel: 6481 5669 Closed on Mondays 2:00pm to 9:00pm (Tue to Fri) 9:00am to 5:00pm (Weekends & PH)



FINANCE Tel: 6750 2183

MARCOM Tel: 6750 2160

PURCHASING Tel: 6750 2129

JACKPOT Tel: 6750 2193



### F&B◀

HIMAWARI JAPANESE RESTAURANT Tel: 6834 3313 Lunch: 11:45am to 2:45pm

Dinner: 5:45pm to 10:00pm **MY LITTLE CAFÉ** 1:00pm to 11:00pm (Daily)

PAR LOUNGE Tel: 6750 2204 2:00pm to 12:00 midnight (Sun to Fri) 2:00pm to 1:00am (Sat)

#### PEACH GARDEN@OCC Tel: 6759 3833

Lunch: 11:30am to 2:30pm (Mon to Fri) Dinner: 5:30pm to 10:00pm (Mon to Fri) Lunch: 10:00am to 2:30pm (Sat, Sun & PH) Dinner: 5:30pm to 10:00pm (Sat, Sun & PH)

#### PEACH GARDEN@THE GREEN

Tel: 6754 3313 Closed on Mondays 4:30pm to 10:30pm (Tue to Fri) 11:00am to 10:30pm (Sat, Sun & PH)

#### **ROYALE CAFÉ**

Closed on Mondays 10:00am to 8:00pm (Tue to Fri) 9:00am to 8:00pm (Sat & Sun)

Tel: 6555 2165



SUBWAY Tel: 6482 7942 9:00am to 9:00pm (Daily)

#### VANDA TERRACE

(operated by NTUC Foodfare) Tel: 6750 2200 7:30am to 10:00pm (Daily) \*Last order at 9:30pm

### SUPERMARKET <

NTUC FAIRPRICE 9:00am to 10:00pm (Daily)

### **FACILITIES**

ARANDA LOUNGE Tel: 6750 2121 2:00pm to 12:00am (Sun to Thu) 2:00pm to 1:00am (Fri & Sat)

ASIA GYMNASTICS & DANCE ACADEMY Tel: 8777 3313 9:30am to 9:00pm (Daily)

AUDIOLINE Tel: 6756 5585 10:00am to 8:00pm (Daily)

CHILDREN'S OUTDOOR PLAYGROUND 7:00am to 7:00pm (Daily)

**FUNPOOL & BUNKER POOL** 7:00am to 9:00pm (Daily)

GYMNASIUM 7:00am to 10:30pm (Daily)

HEALING TOUCH - MASSAGE AND SPA Tel: 6759 0752 11:00am to 10:30pm Last appointment from 9:00pm

JACKPOT ROYALE 12:00pm to 11:45pm (Mon) 9:00am to 11:45pm (Tue to Thu, Sun & PH) 9:00am to 12:45am (Fri, Sat & Eve of PH)

LITTLE SKOOL-HOUSE Tel: 6759 0393 7:00am to 7:00pm (Mon to Fri) 7:00am to 2:00pm (Sat)

MAHJONG ROOMS 9:00am to 11:00pm (Sun to Thu & PH) 9:00am to 12:00 midnight (Fri, Sat & Eve of PH)

#### MUSIC FOR YOUNG CHILDREN SINGAPORE

Tel: 6100 0306 4:00pm to 9:00pm (Thu & Fri) 9:00am to 5:00pm (Sat) 9:00am to 12:00pm (Sun)

OLYMPIC POOL 7:00am to 9:00pm (Daily)

ORCHID BOWL Tel: 6759 4448 10:00am to 1:00am (Mon to Thu, Sun & PH) 10:00am to 3:00am (Fri, Sat & Eve of PH)

ORCHID LODGE 24 hours

**ORCHIS PAVILION – PHOTO STUDIO** Tel: 6222 3602 9:00am to 8:00pm (Daily)

POP INSTITUTE Tel: 6346 5155 9:00am to 6:00pm

**READING/TV CORNER** 9:00am to 11:00pm (Sun to Thu & PH) 9:00am to 1:00am (Fri, Sat & Eve of PH)

**TENNIS COURTS** 7:00am to 10:00pm (Daily)

THE LEARNING BOUTIQUE 10:00am to 9:00pm (Mon to Fri) 9:00am to 5:00pm (Sat & Sun)





**ROYAL PALM @ OCC** Coming soon in Mid-May



### DEAR MEMBERS,

### Warmest greetings!

Over the years, the Social & Recreation (S&R) Committee has been organising events and programmes to cater to your needs and interests. We have built strong partnerships with organisations and communities to bring in joint events, as well as enhanced our social and sports facilities.

Earlier this year, we upgraded the gym flooring and pool facilities. Besides installing new poolside furniture, the entire poolside area has been converted to a luxurious outdoor space with gazebos and sun loungers. Moving forward, the outdoor fitness area of the gym will be expanded and the exercise equipment will be upgraded to enhance your workout experience. I'm also pleased to announce that we will be introducing Futsal facilities in the third quarter of 2017. Members will get to enjoy preferential booking rates and participate in Futsal events, tournaments and activities. This will certainly bring more vibrancy to the Club.

To promote a healthy lifestyle, we have brought in a variety of martial arts and fitness programmes. These range from Muay Thai to contemporary KpopX Fitness. In view of the increased interest in swimming, we are also enhancing our aquatic programmes, from essential swimming and life-saving skills to grooming our next generation of swimmers.

We have also established many successful signature events through the years for our members to bond and be engaged in the Club. These include the annual Chinese New Year Tuan Bai, August Ball and Oktoberfest, as well as fun activities like Zumba Gold and Rummy-O. We are pleased to announce that there has been a 50% increase in participation rate for the fun activities, and we look forward to having more of you joining us.

As we strive to do better every year, OCC will be partnering Nee Soon GRC for the first time to bring you the 3<sup>rd</sup> edition of our annual golf course run. This Nee Soon Fiesta 3Ten Run on 29 July 2017 will promote healthy living and community spirit among members and the residents living in the north. Participants will get to enjoy a funfilled family carnival at the race village after the run.

With these improvements in place and an exciting line-up of programmes coming your way, we look forward to your continued support and patronage. The committee is also working on a few new initiatives that we will share with you in due course. We hope to see you and your family at the Club soon!

LIM ENG LEE Chairman, Social & Recreation Committee



### CLUB BULLETIN



### Change of Member's Golf Day

11 May 2017 (Thursday) afternoon is reserved for a private golf event. Therefore, 18-hole night golfing will not be available and social games are limited to 9-hole only.

Thus, Member's Golf Day will be brought forward to 9 May 2017 (Tuesday) with one course dedicated for 9-hole golfing for buggy, followed by the walking session. The remaining two courses will be reserved for night golfing.

Member's Golf Day will resume on Thursdays as per normal for subsequent sessions.

### Hellos and Goodbyes

We take this opportunity to thank our ex-members for their past support and extend a warm welcome to our new members.

Hellos	Goodbyes	
Individual Golfing (Gold)		
MDM LEE CHAU CHIN GRACE	MDM LEE CHAU CHIN GRACE	
MR LOH HONG HOO	MR KOH LIP SIANG	
MR LU CHIH WEN	MR GOH CHOON KIAT	
MDM YEO SWEE KEOW	MR NG CHONG KHIM	
MS YEO AI LING IRENE	MR GOH LYE SENG	
MDM LEE SEOK WAH	MDM LEE PHUAY ENG	

Individual Golfing (Silver)			
MR STEVEN KOH TIAN SENG	MR WONG LIANG THONG		

Individual Social		
MDM KAREN LEE SHIH PEEN	MDM ELEEN GOH GEK LENG	
MR LEE SHAO JIE	MDM WONG YEE HENG ALISA	
MDM CHIA JU JU	MDM ONG TIEW @ ONG GING	
MR TAN ZEE THING	MDM LIM LAY KEOW	
MDM ONG CHIN CHIN	MR NG YEW CHOI	

### Members' Appreciation Draw

### Mother and Father's Day Lucky Draw 2017 1 May to 5 June 2017

\_\_\_\_\_

This May/June Members' Appreciation Draw, let's extend our heartfelt gratitude to all Mothers and Fathers for their unconditional love. As a gift of appreciation, we are celebrating both Mother and Father's Day by giving away a one-night hotel stay at Orchid Lodge (worth \$155) and a 1-hour Body Massage Voucher from Healing Touch (worth \$110) to 5 lucky winners!

#### Instructions:

Simply cut along the dotted line shown in the coupon below, answer the quiz and fill in your details. Drop the completed coupon into our lucky draw box located at the Golf Clubhouse (level 2). Coupon must be submitted by 1800 hrs on 5 June 2017 (Monday).

5-	
Quiz: Mother's day fa	alls on 14 June 2017. True or False?
Name	
Membership Numbe	er :
Email	
Contact Number	
Terms & Conditions: • All winners will be notified by • Only original coupon with co	r phone/email on 7 June 2017. Impleted information will be accepted; no photocopies allowed.

- Only coupons dropped into the official lucky draw box will be eligible for the draw. Each member is entitled to one chance at the draw only; multiple entries will not be counted.
- Strictly no replacement for lost, damaged or misplaced coupons.
- By participating in this lucky draw, you agree that OCC may collect, use and/or disclose the information provided by you to its representatives and service providers
- for the purpose of selecting and contacting the winner.
- Only winners with the correct entries will be considered for the draw.

### Welcoming Our New Tenant - Royal Palm @ OCC

## ROYAL PALM

### **Coming Soon!**

Commencing operations in Mid-May, Royal Palm @ OCC would be a halal-certified restaurant under the Singapore Hospitality Group which owns a chain of quality restaurants such as The Landmark, Royal Palm @ Clarke Quay, Warung Nasi Pariaman and I AM @ Tampines Hub. Known for their unique dining experience, Royal Palm @ OCC will provide an international cuisine with Western, Asian, Indian and Mediterranean influences together with an elegant ambience for you and your loved ones' enjoyment.

Look out for more updates as we keep you informed closer to the date of commencement.

Artist's Impression.

### Fairytale Wedding Show

<image><image>

The elegant gowns displayed during the Bridal Fashion Show.

It was a fairytale dream come true for 50 couples who gathered at the Grand Ballroom on 2 April 2017 to seek inspiration for their big day. The Fairytale Wedding Show featured a romantic fashion show that elegantly displayed Bridal gowns, to enliven the ambience. While indulging in a delightful high-tea buffet, couples also got to interact with our Sales Managers for a personalised consultation on OCC's wedding packages that came with exclusive offers, as well as special discounts from participating partners. Attractive lucky draw prizes were given out to participants.

For those who missed out on the wedding show and wish to find out more about the wedding packages, do not hesitate to contact Jenny at **6750 2165** or email **S&M@orchidclub.com**. For Bridal services, please contact Tiffany from Yvonne Creative Bridal at **6227 8830**.

### **Teeing A Dream Into Reality – Daryl Low**



He's eyeing S'pore Sports School after PSLE to further drive ambition

#### David Tav

Every morning, Daryl Love Merg Tiang, I2, wakes up to the sight of a self golfing for Singapore, hanging and the poster, picturing him-self golfing for Singapore, hanging on his bedroom door - rFminding him of his ultimate goal on with at Olympic medal in the speet. The Primary 6 pupil at Compasa.

ining for the 2017 cham-in June and interest in school, Duryf's friends times ask him what he see game. To them, golf is With an aptitude for Golf at a tender age of six and tremendous support from his family, Daryl started practising swings at the Driving Range. To pursue his dream of representing Singapore at the Olympics, the former social member converted to a golfing member in 2015. With deep passion for the sport, Daryl will spend his weekends training at the Driving Range and Golf Courses. On rainy days, Daryl will be armed with a raincoat, braving the rain while practising on the muddy Greens.

His hard work and determination led to him achieving an Overall Best Nett result in the OCC Club Championship 2016. To sharpen his skills, Daryl played at the SGA Junior Golf Challenge this year and is training for the HSBC Youth Golf Challenge, National Golf Championship for Primary Schools, Singha Thailand Junior World Golf Championship and the Kids Golf World Championship Malaysia. With this exposure, Daryl hopes to clinch a spot in the 2018 Junior British Open.

Daryl's love for the game is truly inspiring for all junior golfers and young kids who wish to take up golf as a sport, which trains one's ability to devise game strategies, improves physical endurance and teaches values such as honesty and sportsmanship.

Parents who wish to develop your children's potential in Golf may sign them up for OCC's Junior Golf Programme or approach any of our resident golf professionals for a well-rounded curriculum. For enquiries, please call the Golfing department at 6750 2111 or email golfregistration@orchidclub.com.

### National School Games – Golf Championship 2017

Young and talented junior golfers from 45 schools gathered at OCC for the National School Games -Golf Championship 2017 held from 3 to 5 April 2017. The tournament consisted of individual and team events, both of which saw determination and perseverance displayed by the golfers. OCC is proud to have been the official venue for this event and wishes the golfers all the best in their future endeavours!



Khoo Qi Lin Vanessa (Raffles Girls' School) - B Division Girls Champion.



Chen Wan Qing Callista (Singapore Sports School) - A Division Girls Champion.



Desmond Kim Young Jee (Anglo-Chinese Junior College) - A Division Boys Champion.

Pictures credit: Mr Han Hee Juan (parent of one of the junior golfers)

## OCC Resident Golf Professionals

Our dedicated and experienced golf professionals offer customised training programmes and expert advice for keen learners who wish to pick up golfing at Orchid Country Club.

If you are interested, you may contact any of our professional golfers below for a fun and enriching experience. Keep a lookout for our next issue where we will be featuring more resident golf professionals. Stay tuned!

### **JUSTIN HAN**

Contact No.: 9137 1336 Email: jhanpga@yahoo.com.sg

- 7 years of teaching experience
- Former Singapore National Team Member
- Competed in the Asian and Regional Tours as a professional
- Singapore Professional Golfers' Association Class 'AAA'
- New Zealand Professional Golfers' Association Member
- Strong in pitching and bunker play
- Measures ball flight and swing analysis with latest equipment such as TrackMan, 3D data and force plates to provide accurate diagnosis of students' swings
- His students have won local and international junior competitions, including the Singapore National Amateur Championship, HSBC Youth Golf challenge, Mizuno-Laguna National Junior Golf Championship, San Jose Junior Golf and the Kids Golf World Championship Malaysia

### KIM BALDWIN

Contact No.: 9768 1755 Email: kbaldwin@pgamember.org.au

- Professional Golfers Association Australia; Advanced Coaching since 1975
- Singapore Professional Golfers' Association Class 'AAA' since 1999
- Certified TrackMan operator
- Certified Titleist Performance Institute instructor
- Certificate in Golf Psychology Coaching from the Professional Golfers Association Europe
- First Head Coach of the Singapore Sports Council's Golf Excellence Programme which involved training the Singapore National Team
- Aims to assist golfers of all skill levels attain their golfing goals through a holistic programme that includes the use of the latest technology such as TrackMan to measure ball flight and swing
- Accomplished in introducing young golfers with high expectations to elite and high performance programmes
- Looks up to role models and mentors such as Alex Mercer (who coached major winners, David Graham and Steve Elkington), Peter Thomson, Alan Murray, Colin McGregor and Kel Nagle

### M. BALRAJ

Contact No.: 9767 2520 Email: balraj.golf@hotmail.com

- 21 years of teaching experience
- Singapore Professional Golfer's Association Class 'AAA'
- First local professional to get a full teaching certificate from the United States of America
- Taught South East Asia dignitaries, celebrities and golfers around the world
- Represented Singapore as an amateur (1984 1990)
- Turned golf professional in 1991 and played in the Omega Tour for 2 years (now known as Asian Tour)







### **Re-Turfing, Hollow Tinning and Removal of Embedded Balls at the Driving Range**

Through our continuous efforts to provide you with the best golfing experience, OCC recently carried out spot Re-Turfing of the Range Turf at the Driving Range to improve the turf condition.

This has resulted in a lush and green Range Turf, enabling golf balls to land on a smooth surface. Below pictures show the process of spot Re-Turfing since March 2017 and also the differences in the Range Turf's condition after undergoing the maintenance works.

### **Process of Spot Re-Turfing**



The embedded golf balls were first dug out from the ground.



Re-Turfing was then carried out where new turfs were laid onto the soil on the bare spots and tucked in. 2

Hollow Tinning was carried out next to break through the black layered soil to improve the root zone and soil conditions.



Turfing was completed, followed by the adding of fertilizers to allow the turf to grow well.

### **Difference in Range Turf after Spot Re-Turfing**



With this completion of the Re-Turfing process, we hope you will continue to enjoy perfecting your strokes at the Driving Range.



### Make the Submission of Your Adjusted Gross Scores via the Central Handicap System alot Simpler

### Contributed by Lady Vice Captain, Maureen Teo & Head of Golf, Dennis Ee

Last year, the Central Handicap System (CHS) was launched for all golfers in Singapore to submit their tournament scores online via their mobile phones or through the CHS website.

However, the Club has noted that many golfers have keyed in their adjusted gross scores on the CHS instead of their hole-by-hole scores, which can lead to erroneous scores due to inaccurate calculation.

Therefore, the Club's Greens Committee strongly advises all members to key in hole-by-hole scores as the system will automatically adjust the scores for you. This will prevent the submission of inaccurately adjusted gross scores, thereby minimising erroneous entries.

For the benefit of members who prefer to submit their adjusted gross scores instead of keying in hole-by-hole scores, this article is written to help golfers better understand the means of calculating adjusted gross scores.

With the guide of the Equitable Stroke Control (ESC) Chart, it is imperative that you understand the steps to adjust your scores using the ESC before submitting your adjusted gross scores.

### **Equitable Stroke Control**

Under USGA Handicap System, Section 4-2:

All scores for handicap purposes, including Tournament Scores, are subject to the application of Equitable Stroke Control (ESC). This mandatory procedure reduces high hole scores in order to make handicaps more representative of a player's potential ability.

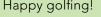
ESC is used when a player's actual or most likely score exceeds a maximum number of strokes, based on the table below, using the player's Course Handicap as reference from the tees played.

Course Handicap	Maximum Number of Strokes on any Hole	
9 or less	Double Bogey	
10 through 19	7	
20 through 29	8	
30 through 39	9	
40 or more	10	

For example, Player A with a Course Handicap of 6 has a maximum number of par plus 2 strokes (double bogey) for any hole; Player B with a Course Handicap of 13 has a maximum of 7 strokes for any hole regardless of par; while Player C with a Course Handicap of 42 has a maximum number of 10 strokes for any hole.

With this understanding of adjusted gross scores using ESC, the Greens Committee hopes that the Handicap Index (HI) of our members will better represent the playing ability of each player and thus, make our golf competitions a level-playing ground for all to enjoy.

The Greens Committee takes handicapping matters seriously and goes through members' HI on a monthly basis. Hence, all members' HI will be subjected to review and adjustment if necessary.



Singapore Golf Association Centralised Handicapping System	CHS Registration Augustation for patient who are considered of field contrary and isoperate Mainteen.	Login @istanter Orlans Select your home club	
Cee		Harre Dub Menomatup Ne Parament Loban Posaci Maxware	
Earrer Gutter Marcer	Select a Duit	· Q MANCH STREET	

### TEE TALK

### Forging Ties Through Golf with **Our Japanese Friends**

Hugs and laughter were exchanged as the Japanese golfers from Tomisato Golf Club met with OCC members on 23 February 2017 for an annual golf friendly match that was began in 1994. Instead of the usual Japan vs Singapore play format, this year, each OCC golfer partnered a Japanese golfer through random pairing. The best 9-hole score of each golfer was taken and the combined 18-hole score of the team formed the nett score.



Lunch and free flow beer at Vanda Terrace after the game.



OCC ladies proudly displaying their gifts from Japan. OCC members, Mdm Poh Lay Guat and Mr Masilasamy, sponsored the souvenirs for the Japanese golfers.



Camaraderie was seen as the golfers readily posed for a lovely Champion Mr Murakam Yoji group shot. (Right).

Names	Score
Mr Murakam Yoji and Mr Soo Eng Kwee	65 NETT
Mr Kato Shigehiro and Mr Eng Seh Ping	67 NETT
Mr Sato Katsuhiko and Mr Shen Feng Lien	70 NETT
	10
win, I am very happy! I wasn't expecting it. My time ig has been good and I enjoy it. Most of us come ove or more than 9 years because it is very nice to play I	ır here.
aram Yoji	
We have been coming to play since the Club's openin would be about 23 years. Singapore has the right w play Golf. Japan is too cold so we come over to "esc cold and play some good Golf and 17 of us came this The golf course in OCC is beautiful and easy to play old people like us. We love it here!	eather to ape" the
Mr & Mrs Kamei	
	201-
I time here and we are enjoying ourselves. This year because we paired with one person from Singapore a am. Interesting experience! Also, the food is good ar etter! & (Nearest to Pin) winner Tomoko Makino (together u fers)	nd the
	Mr Murakam Yoji and Mr Soo Eng Kwee Mr Kato Shigehiro and Mr Eng Seh Ping Mr Sato Katsuhiko and Mr Shen Feng Lien win, I am very happy! I wasn't expecting it. My time ing has been good and I enjoy it. Most of us come over or more than 9 years because it is very nice to play I aram Yoji We have been coming to play since the Club's openin would be about 2.3 years. Singapore has the right w play Golf. Japan is too cold so we come over to "esc cold and play some good Golf and I? of us came this The golf course in OCC is beautiful and easy to play old people like us. We love it here! Mr & Mrs Kamei





and Mr Kato Shigehiro (Centre).



The prosperous Gong Xi Fa Cai Lucky Draw was held from 1 January to 11 February at the Driving Range to celebrate the Year of the Rooster with members. 5 lucky winners walked away with Range ball top-ups worth \$30 to \$150. Congratulations to all the winners and we look forward to your continuous support!

O Marie Home



Positi

Mr Lim Cheng Chuan \$150 Range ball top-up



3rd Prize Mr Daisuke Watanabe \$80 Range ball top-up



Mr Derek Yew \$100 Range ball top-up



\$50 Range ball top-up

Mr Steven Tai



5th Prize Mr Terry Chan \$30 Range ball top-up



### **OCC-U Golf 9-Hole Night Series**

### 4 FEBRUARY 2017 STABLEFORD / VANDA

RESULTS FOR MEN'S DIVISION			
WINNER	MR RONNIE NG	24 POINTS (OCB)	
1 <sup>ST</sup> RUNNER UP	MR SREEGANESH	24 POINTS (OCB)	
2 <sup>ND</sup> RUNNER UP	MR LEE KA MENG	24 POINTS	

RESULTS FOR LADIES' DIVISION				
WINNER	MRS SUSAN GAN	22 POINTS		
1 <sup>ST</sup> RUNNER UP	MS JULIE YEO	21 POINTS		
2 <sup>ND</sup> RUNNER UP	MS JOANNE KONG	12 POINTS		



Mr William Leow from the Singapore Union Of Broadcasting Employees (left) with Winner of the Ladies' Division Lady Captain Susan Gan (right).



1st Runner-Up of the Men's Division Mr Sreeganesh (left).



2<sup>nd</sup> Runner-Up of the Men's Division Mr Lee Ka Meng (left).



Winner of the Men's Division Mr Ronnie Ng (left).

### 1 APRIL 2017 STABLEFORD / DENDRO

RESULTS FOR MEN'S DIVISION				
WINNER	MR PRADEEP THIAGRAJAN	26 POINTS		
1 <sup>st</sup> RUNNER UP	MR DAMIEN CHANDRAN	24 POINTS (OCB)		
2 <sup>ND</sup> RUNNER UP	MR WILBERT WONG	24 POINTS (OCB)		
RESULTS FOR LAD	ES' DIVISION			
WINNER	MS CHAI LEE HOOI	24 POINTS		
1 <sup>ST</sup> RUNNER UP	MS M VIJAYAL	23 POINTS		

MS LINDA GAN



Winner of the Men's Division Mr Pradeep Thiagrajan (right).



2<sup>ND</sup> RUNNER UP

1st Runner-Up of the Men's Division Mr Damien Chandran (right).



21 POINTS

2<sup>nd</sup> Runner-Up of the Men's Division Mr Wilbert Wong (right).



Winner of the Ladies' Division Ms Chai Lee Hooi (right).

### TEE TALK

### MARCH 2017 MONTHLY MEDAL RESULTS

Trophy presented by Lady Vice Captain Maureen Teo STROKE PLAY (11 MARCH 2017)



MR TAN TYOU SENG



MR STEPHEN LEONARD TCHEAU



MR GOH SWEE HEE LAWRENCE



MS JANICE NEO

DENDRO/VANDA				
RESULTS FOR MEN'S 'A' DIVISION (H'CAP 11.4 & BELOW)				
BEST GROSS	MR TAN TYOU SENG	(8.5)	83 GROSS	
WINNER	MR HU NING	(10.2)	75 NETT	
RUNNER UPMR ROBERT TEO(8.2)78 NETT				
BALLSWEEP (1 <sup>st</sup> NINE)				
WINNER	MR TOH CHYE SOON	(10.9)	35 NETT	
BALLSWEEP (2 <sup>ND</sup> NINE)				
WINNER	MR TAN TYOU SENG	(8.5)	37 NETT	

#### RESULTS FOR MEN'S 'B' DIVISION (H'CAP 11.5 - 16.0)

BEST GROSS	MR STEPHEN LEONARD TCHEAU	(12.0)	84 GROSS
WINNER	MR JOHN JOSEPH	(15.8)	65 NETT
RUNNER UP	MR R VASUDEVAN	(14.2)	71 NETT OCB
BALLSWEEP (1 <sup>st</sup> NII	NE)		
WINNER	MR JOHN JOSEPH	(15.8)	31 NETT
BALLSWEEP (2 <sup>ND</sup> NI	NE)		
JOINT WINNERS	MR R VASUDEVAN	(14.2)	33 NETT
	MR LEE CHAI CHEW	(14.8)	33 NETT

#### RESULTS FOR MEN'S 'C' DIVISION (H'CAP 16.1 - 24.9)

BEST GROSS	MR GOH SWEE HEE LAWRENCE	(17.8)	87 GROSS			
WINNER	MR GOH CHUN PENG	(23.7)	65 NETT			
RUNNER UP	MR LENG AH LEONG	(17.1)	69 NETT			
BALLSWEEP (1 <sup>st</sup> N	NE)					
WINNER	MR TAN KAY YAN MARK	(16.6)	29 NETT			
BALLSWEEP (2 <sup>ND</sup> NINE)						
WINNER	MR TOH SAM SIEW ALBERT	(18.7)	33 NETT			

#### RESULTS FOR LADIES' 'B' DIVISION (H'CAP 18.5 - 36.9) **BEST GROSS MS JANICE NEO** (24.2)99 GROSS 74 NETT OCB WINNER MS JANICE YAP (23.3)MS FAN SUET LAY RUNNER UP (24.2) **74 NETT** BALLSWEEP (1<sup>ST</sup> NINE) WINNER MS FAN SUET LAY (24.2)32 NETT BALLSWEEP (2<sup>ND</sup> NINE) WINNER MS JANICE NEO (24.2) 36 NETT

### APRIL 2017 MONTHLY MEDAL RESULTS

Trophy presented by Lady Captain Susan Gan and Vice Captain Ted Wong – STROKE PLAY (8 APRIL 2017)



### Held in conjunction with the MercedesTrophy Medal



MR FRANCIS ONG



MR LOH CHANG KAAN



MR PAUL THIA



MS HUANG XIAO LI



MS JANICE NEO

DENDRO/VANDA			
RESULTS FOR MEN	I'S 'A' DIVISION (H'CAP 11.4 & BE	LOW)	
WINNER	MR FRANCIS ONG	(7.2)	43 PTS
1 <sup>st</sup> RUNNER UP		(6.7)	41 PTS OCB
	MR SIMON CHEW	(11.1)	41 PTS OCB
BALLSWEEP (1 <sup>ST</sup> NI WINNER		(11.0)	
BALLSWEEP (2 <sup>ND</sup> N		(11.0)	23 PTS
WINNER		(6.7)	22 PTS
		()	
VANDA/ARANDA			
RESULTS FOR MEN	I'S 'B' DIVISION (H'CAP 11.5 - 16.0	))	
WINNER	MR LOH CHANG KAAN	(14.6)	46 PTS
1 <sup>s™</sup> RUNNER UP	MR BERNARD CHIA	(12.2)	43 PTS
2 <sup>ND</sup> RUNNER UP		(13.5)	41 PTS
BALLSWEEP (1 <sup>st</sup> N			
	MR LOH CHANG KAAN	(14.6)	25 PTS
BALLSWEEP (2 <sup>ND</sup> N WINNER		(12.2)	24 PTS
WINNER	MIC BERNARD CHIA	(12.2)	24115
ARANDA/DENDRO	C		
RESULTS FOR MEN	I'S 'C' DIVISION (H'CAP 16.1 - 24.9	?)	
WINNER	MR PAUL THIA	(18.2)	48 PTS
	MR LER PHECK HIANG	(17.9)	
2 <sup>ND</sup> RUNNER UP		(23.6)	43 PTS
BALLSWEEP (1 <sup>ST</sup> NI		(10.0)	22.070
WINNER BALLSWEEP (2 <sup>ND</sup> N		(18.2)	23 PTS
WINNER		(17.9)	26 PTS
enter tillet		. ,	
DENDRO/VANDA			
WINNER	IES' 'A' DIVISION (H'CAP 18.4 & E MS HUANG XIAO LI		42 DTC
	MS POH LAY GUAT	(7.6) (16.9)	42 PTS 40 PTS
2 <sup>ND</sup> RUNNER UP		(15.2)	
BALLSWEEP (1 <sup>st</sup> N		(13.2)	57115
and the second se	MS HUANG XIAO LI	(7.6)	22 PTS
BALLSWEEP (2ND N			
WINNER	MS LOO LEE BUI LINDA	(17.4)	21 PTS
		ALC: N	
the second se	IES' 'B' DIVISION (H'CAP 18.5 – 3		42 DTC
VINNER 1 <sup>st</sup> RUNNER UP	MS JANICE NEO MS JENNY SNG	(23.9)	43 PTS
2 <sup>ND</sup> RUNNER UP		(16.9) (18.9)	41 PTS 39 PTS
BALLSWEEP (1 <sup>st</sup> NI		(10.7)	57115
WINNER	MS JANICE NEO	(23.9)	21 PTS
BALLSWEEP (2ND N		(20.7)	
WINNER	MS ADELINE YEW	(18.9)	22 PTS

**Especially For Guests Of OCC Members!** 



(Till 30 June 2017)

Looking for buddies to play golf on weekdays in Singapore without having to beat the Causeway Jam or Long Travelling Time via the Ferry? Bring your guests to OCC and enjoy weekday golfing at special rates!

### GUESTS OF OCC MEMBERS: Morning Session : **\$99** nett per pax (U.P. \$133.75 nett) Afternoon Session: **\$128** nett per pax (U.P. \$155.15 nett)

For enquiries and bookings, please contact the Golfing Department at 6750 2102 /2111 or email golfregistration@orchidclub.com

\* Terms & Conditions apply.

# DRIVING RANGE REWARDS CARD

For every OCC Range card top-up of \$20, earn a stamp and get rewarded

for every OCC Range card top-up of \$20, earn a stamp and get rewarded for every 5 stamps collected. Complete the Driving Range Rewards card with 25 stamps collected to redeem \$100 worth of Range Balls.

5 stamps = \$10 Range Balls 10 stamps = \$30 Range Balls 15 stamps = \$40 Range Balls 20 stamps = \$80 Range Balls 25 stamps = \$100 Range Balls

THE MORE YOU TOP UP, THE GREATER THE REWARDS 1 June to 31 December 2017

nclusive of

Green Fee 8 Buggy Fee

\*Terms & Conditions Apply. For enquiries, please call our Driving Range at 6750 2198

## UB PRESIDENT'S Cup 20

Date **Tee-off Time** Format of Play

Divisions

**Entrance Fee Green Fee** 

\$80 (Corporate Union & MGK) **Buggy Fee** : \$25 **Registrations Open** : 3 May 2017 (Wednesday) Closing Date for Registration: 25 May 2017 (Thursday)

All fees are subject to prevailing GST and include lunch and dinner.

ORATARYAGEN

Date Tee-off Time Format of Play Eligibility

Divisions

Entrance Fee **Registrations Open** Closing Date for Registration: 22 June 2017 (Thursday)

- 9 July 2017 (Sunday)
- : 1:30pm (Shotgun start)
- : Stableford

: 4 June 2017 (Sunday)

: \$70 (Silver Member)

: Stableford

: \$30

: 1:15pm (Shotgun start)

(based on course combination) : Men's Division (HI 24.9 & below)

Ladies' Division (HI 36.9 & below)

: Gold, Silver, Corporate Union and MGK

- : Men's Division (HI 24.9 & below) Ladies' Division (HI 36.9 & below) : \$80
- : 8 June 2017 (Thursday)

Note: Due to limited slots, entries are based on first-come, first-served basis. Fees are subject to prevailing GST and include entry fee, buggy fee, lunch and dinner.





For enquiries and registration, contact the Golfing Department at 6750 2102/2111 or email golfregistration@orchidclub.com

## MORE BALL REWARDS WITH MORE BALL HITS IS BACK: Till 31 May 2017

Weekdays excluding Public Holidays (6pm to 10.30pm) Weekends & Public Holidays (7am to 10.30pm)

From now till 31 May 2017, get swinging at the Range with a minimum of 150 balls to enjoy additional 20 free balls to play!

Terms & conditions apply.

Spot the Yellow Balls @ the OCC Range during practice and enjoy 50% more balls. Till 31 May 2017

> Be one of the lucky golfers to spot a Volvik DS-77 Yellow Ball with the ORCHID COUNTRY CLUB LOGO during practice and enjoy more balls on your next OCC Range card top-up.

> > Volvik

5 3 10

\*Terms & Conditions Apply.

For enquiries, please call our Driving Range at 6750 2198

## THE CRAFT of FINE TEA



Delight in the flavour of premium tea every day with Newby Teas' Classic Tea Bag Collection; a signature range, reimagined and relaunched for 2017. Inspired by precious vintage textiles and true craftsmanship, each newly-designed box contains a sublime blend created by experts for an exceptional taste experience. Choose from refreshing green teas, classic black teas and reviving tisanes, preserved and wrapped in beautiful individual sachets for unbeatable freshness.

> Discover the craft of fine tea at www.newbyteas.sg and get 20% off. Simply enter ORCHID2017 at the checkout.



NEWBY

www.newbyteas.sg

### PLAN & **PLAY**



18



### PLAN & PLAY

### **OCC SOCIAL & RECREATION WEEKLY PROGRAMMES**



#### Social Dance Nights Aranda Lounge 7:30pm to 1:00am Every Fri and Sat (except those days with Practice Dance Nights)

Practice Dance Nights Aranda Lounge 7:30pm to 1:00am 6 & 19 May

3 & 16 June





Lifestyle Studio Tue, 7:30pm to 8:30pm Thu, 7:30pm to 8:30pm

### Masala Bhangra Lifestyle Studio

Mon, 7:30pm to 8:30pm

KpopX Fitness Lifestyle Studio Tue, 7:30pm to 8:30pm

Zumba Gold\* Lifestyle Studio Wed, 7:30pm to 8:30pm



Mahjong Rooms (Daily) Sun - Thu & PH, 9:00am to 11:00pm Fri, Sat & Eve of PH, 9:00am to 12:00mn



Sports Hub 12 May 9 June 7:30pm to 9:30pm





Lifestyle Studio Sun, 12:00pm to 1:00pm

Taekwondo

Sim Han Hoon

Aranda Lounge

Mon, 8:00pm to 9:30pm

Wed, 8:00pm to 9:30pm

Dance Class

**Tennis Courts** Fri, 7:30pm to 9:00pm

#### Taijiquan

Lifestyle Studio , 10:00am to 11:30am Fri. 10:30am to 12:00pm Sun, 1:00pm to 2:30pm 9:00am to 10:30am

#### Aikido (Adults & Kids)

Lifestyle Studio Sat, 3:00pm to 4:15pm

Muay Thai

Lifestyle Studio Mon and Fri, 12:00pm to 1:00pm Fri evening, 8:00pm to 9:00pm

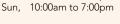
#### Aquaducks (Swimming)

Fun Pool Sat, 9:00am to 12:00pm

Sat, 1:00pm to 3:00pm 9:00am to 12:00pm Sun,

**Fun Floats** Fun Pool

10:00am to 7:00pm Sat,





Olympic Pool Wed and Fri, 7:30pm to 9:00pm

9:00am to 10:00am

Karaoke Night\* Aranda Lounge Thu, 2:00pm to 11:00pm

**í**oga

Sat.

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SIG – Pool

SIG – Bowling Orchid Bowl

OCC Black 8 Training

Sat, 3:00pm to 6:00pm **Bi-Monthly Cue Challenge** 

Sat, 3:00pm to 5:00pm

Lifestyle Studio



Aranda Lounge Orchid Bulls One & Two Training Tue, 8:00pm to 10:00pm Thu, 8:00pm to 10:00pm



Sports Hub 26 May 30 June 7:00pm to 10:00pm



Yale Swimming Singapore Competitive Programme (Olympic Pool) Mon - Fri, 5:30pm to 8:00pm

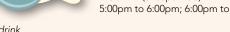
**Recreation Programme** (Fun Pool & Olympic Pool) Wed, 5:00pm to 7:00pm 9:00am to 11:00am; 4:00pm to 7:00pm Sat. Sun, 9:00am to 11:15am; 4:00pm to 7:00pm

**Quattor Swim School** Fun Pool & Olympic Pool Mon - Fri (except Wed) 5:00pm to 6:00pm; 6:00pm to 7:00pm

\* Free for OCC members # Charges apply for first drink

Aranda Lounge/Sports Hub@OCC

Last Monday of Odd Months, 7:00pm onwards



For the full programme listing, please visit our website at www.orchidclub.com For more information, email sports@orchidclub.com

SOCIAL BUZZ

### Learning Journey with ERC

31 Korean University Undergraduates led by ERC Institute for an educational programme were greeted by the Social and Recreation (S&R) team on 15 February. Held as part of their curriculum to understand more about the Tourism and Hospitality sector in Singapore, the graduates were interested to discover the services rendered by the Club.

The programme kicked off with a short introduction of OCC at the Theatrette, followed by a tour around the Club. Led by the S&R Team, the graduates were given the opportunity to immerse in the various recreational, leisure and hospitality services offered by the Club.

OCC wishes the students the very best in their academic endeavours!



Gym Trainer Akmal giving an overview on the Gym equipment and explaining how the different machines function.



Having a close-up look at the Driving Range.



Students experience bowling at the Orchid Bowl.



Head of Social & Recreation Eunice Seoh giving a short introduction of OCC before the tour.

### **Special Dance Night**

The Grand Ballroom was filled with glamourous outfits and elegant dance moves as over 300 dancers gathered for a Special Dance Night on 11 March. It was an eventful night as the dancers showed off their perfect steps and enjoyed a sumptuous eight-course dinner provided by Peach Garden. OCC's popular in-house DJ Dennis spun the dancers' favourite tunes throughout the night, keeping everyone on their feet. Two special dance routines were also performed for the dancers to hype up the event. As the night drew to a close, a lucky draw was conducted which saw the winners walking away with fabulous prizes.



Dabbing to a glamourous night ahead!



Dazzling outfits filled the Grand Ballroom with the dancers dressed to impress.



OCC Member Mr Allen Tan and his wife perfecting their moves.



The special dance routine was performed with precision as the dance group formed a perfect circle.

### **Presenting the OCC Bowling SIG Team!**



OCC had a great 2016 as we successfully hosted the 22<sup>nd</sup> Adult Inter-Club Mixed Bowling League 2016 (ICBTL).

As we headed into 2017, members from Aranda Country Club (ACC) were invited to join OCC in the friendly Christmas and Reunion Bowl events to build closer relationships between Bowling enthusiasts from the two Clubs.



One of the Sporting Interests in Singapore is Bowling as it draws people from across all ages and fitness levels to enjoy the game in the comfort of an indoor environment. 2016 was a challenging year in bowling as OCC hosted the ICBTL. It was a great way for our bowling team to gain experience with other Clubs in competitive play.

Ms Mary Tan Bowling Convener of OCC

OCC Bowling Convenor Ms Mary Tan with the Bowling SIG Team at the 22<sup>nd</sup> Adult Inter-Club Mixed Bowling League 2016

### 23<sup>rd</sup> Adult Inter-Club Mixed Bowling League - 4<sup>th</sup> Game of Round 1

After being a successful venue for the 22<sup>nd</sup> Inter-Club Mixed Bowling League (ICBTL) in 2016, OCC returned as host for the 23<sup>rd</sup> ICBTL on 6 April 2017 which was held at Orchid Bowl@OCC.

Having been the venue for the Youth Olympic Games and the SEA Games, competing at the Orchid Bowl definitely put all the players' skills to the test. Our OCC team also put up a good fight against last year's champion team, Chinese Swimming Club.



The OCC Bowling Team Players.



A show of sportsmanship as players from OCC and the Chinese Swimming Club exchanged hi-fives with one another.



The Bowlers in action!



Ms Mary Tan announcing the start of the Inter-Club Bowling League.

### SOCIAL BUZZ

### 19th Super Sprint Series

It was a day of fun as the signature Swim Challenge attracted 140 eager swimmers from over eight Clubs and Swim Teams participating in 84 events.

Held on a warm Sunday on 5 March, parents and coaches braved the heat at the Olympic Pool to cheer on the swimmers. Team OCC gained a splashing achievement, walking away with 14 Gold, 12 Silver and three Bronze medals.

A lively bazaar was also incorporated into the event, providing savoury delights and a shopping spree for everyone!

ACC General Manager Toh Poh Kuan

- A proud moment for a father as he presenting the medals to the young winners. congratulates his son with a handshake. while braving the heat.
  - Enthusiastic parents cheering on their children

The children having some fun with the float after the competition.









The competitors take off!



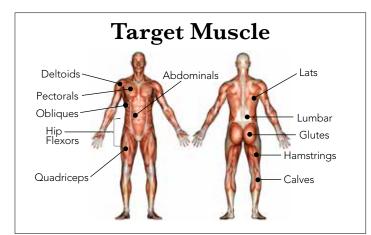
Swimmers on standby before taking the plunge.





### Gym Tips – Stretch it Out with our Qualified Personal Trainer Akmal!

This 5-minute dynamic stretch with static components targeting every major muscle in the body is a highly recommended warm-up exercise to prep your body for your gym workout or a game of golf. This movement aids in increasing your range of motion, enhancing mobility as well as reducing risk of injury. Remember to hold each position for 3 to 6 seconds on each side.





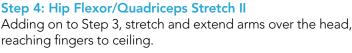
#### Step 1: Elbow-to-Instep I & II

Start in lunge position, right leg bent 90 degrees forward, foot flat on floor with your left leg extended to the back. Place ball of foot and both hands on the floor beside your right leg. **Transition**: Bend right elbow 90 degrees and reach towards the ground without bending your back.



**Step 3: Hip Flexor/Quadriceps Stretch I** Drop left knee and toe to the floor and place hands on top of your right thigh. Tuck in glutes and pelvis, then press hands into thigh and push torso away, extending the spine as much as possible.







**Step 2: Internal Torso Rotation** 

Rotate torso to the right, pressing on the left palm and lifting right hand to the ceiling. Keep right palm out with eyes following the palm. **Transition:** Return right hand to the floor and repeat. Keep your spine long and continue reaching through your back leg.



**Step 5: Hamstring/Calf Stretch** Place hands on the floor on both sides of your right leg, then shift your hips back and straighten your right leg, foot flexed, keeping your back as flat as possible.

If you are interested to know more, please contact our friendly gym instructors at **6750 2199** or email **sports@orchidclub.com**. For a one-to-one approach, you can sign up for our personal training programme (see page 25) with our qualified trainers.

## **I PERSONAL TRAINING PROGRAMME**

LET OUR QUALIFIED PERSONAL TRAINERS HELP YOU GET INTO SHAPE! WITH CLOSE SUPERVISION AND PROFESSIONAL GUIDANCE BASED ON EFFECTIVE SCIENTIFIC METHODS, WE WILL HELP YOU MEET YOUR FITNESS GOALS. LET'S EMBARK ON YOUR FITNESS JOURNEY TOGETHER!

### PERSONAL TRAINING PACKAGES:

Duration	OCC/ACC Member	NTUC Member	Guest
2 months (10 sessions)	\$75 (per session)	\$85 (per session)	\$90 (per session)
	\$750 (Total)	\$850 (Total)	\$900 (Total)
4 months (20 sessions)	\$70 (per session)	\$80 (per session)	\$85 (per session)
	\$1400 (Total)	\$1600 (Total)	\$1700 (Total)

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\* All fees subject to prevailing GST

Originated from Thailand, Muay Thai is one of the most sought-after combat sports that adopts a mix of punching, kicking and clinching techniques using the fists, elbows, knees and shins to strike for self-defence. Through regular trainings, Muay Thai can also help improve agility, build stamina and increase mental endurance of martial art enthusiasts.

Time: Every Monday and Friday, 12:00pm - 1:00pm Fees\*: \$50 (OCC Member) \$55 (NTUC Member) \$60 (Guest)

\* Terms & conditions apply. Classes are subject to changes by instructor. All fees are subject to prevailing GST.

For enquiries and registration, please contact Gym at 6750 2199 or email sport@orchidclub.com

# **POULD** Sweat, Sculpt & ROCK with POUND, the fastest

Sweat, Sculpt & ROCK with POUND, the fastest growing group fitness phenomenon inspired by the sweat-dripping, infectious, energizing fun of drumming! POUND is a full body cardio jam session championed by fitness rebels around the world.

### **POUND TNT 1**

Venue : Lifestyle Studio 2 Time : Wednesday, 8:30pm to 9:30pm

### **POUND TNT 2**

Venue : Lifestyle Studio 2 Time : Friday, 9:00am to 10:00am

Fees\* : \$95 (OCC Member) \$100 (NTUC Member) \$105 (Guest) \*8 sessions, exclusive of GST. Requires minimum 8 pax to start. Classes are conducted by TNT Fitness Singapore.

# Learn to Swim with Quation?

### What is Quattor Swim School about?

"Quattor" simply refers to "The 4 Strokes of Swimming". By focusing on the fundamental skills of swimming, it is the perfect place to start your child's swimming journey. Quattor Swim School offers learn-to-swim programmes for children aged 3 ½ onwards.

Day & Time:	Rates per Month*:
Mondays to Fridays (except Wednesdays) Timing 1: 5pm to 6pm	\$70 (OCC/ ACC member) \$75 (NTUC member) \$80 (Guest)
Timing 2: 6pm to 7pm	

Each term consists of 15 weeks. Lessons are subject to availability and demand.

\* Rates are subject to prevailing GST.

Conducted By:

Put on your dancing shoes and impress the dance floor with your most gracious moves at Orchid Country Club's signature event - August Ball 2017!



### **19 August 2017, Saturday** 6.30pm to 12midnight, Grand Ballroom

Dress Code: Red, White & Blue Rates\*: \$78 (OCC/ACC Member), \$88 (NTUC Member), \$108 (Guest)

\*Rates are inclusive of prevailing GST.

For enquiries and registration, call Aranda Lounge at 6750 2121 (opens at 2pm daily) or email to social@orchidclub.com

# 4<sup>th</sup> OCC-ACC Bowling Champion/hip

All OCC and ACC members are cordially invited to the 4<sup>th</sup> OCC-ACC Bowling event. Simply form a team of three bowlers to register. May the best team win!

Date : 16 July 2017 (Sunday) Time : 9am – 4pm Venue: Orchid Bowl @ OCC Registration Fee\* (Before GST): \$35 (OCC & ACC Member) \$50 (OCC & ACC Member's Family & Friends) \$50 (Union Member)

## JEBAN AQUATHION 2017

@ ORCHID COUNTRY CLUB - THE AMPHIBIAN RACE Date 826 August 2017, Saturday Time 8780 am Venues Olympic Pool

### Entitlement:

\* Event Tee \* Swim Cap

\* blueseventy Tri-Shorts worth S\$120 (for Masters & Open Categories only) \*Draw Sling Bag

\* Finisher Medal

\* E-Cert

	Category Competitive	Distance	OCC/ACC	NTUC/Union		Category Non-Competitive	Distance	OCC/ ACC	NTUC/Union
	Master (40 Years old & Above)	400M Swim & 3KM Run	\$55.25	\$58.50		Individual (15 Years & above)	50M Swim & 500M Run	\$34	\$36
	Open (15 to 39 Years	400M Swim	\$55.25	\$58.50		Team of 2	50M Swim & 500M Run	\$59.50	\$63
	old)	& 3KM Run	<b>\$</b> 33.23	\$30.30		Team of 3	50M Swim & 500M Run	\$89.25	\$94.50
	Junior (6 to 14 Years old)	100M Swim & 1KM Run	\$34	\$36		Team of 4	50M Swim & 500M Run	\$119	\$126
	*Only particip	ants for Master the event		gories will get		*Only participa	ants for Masters & the event tr		ategories will get
Ev	rent Organiser	Supporting	Partner	Official (	Card		Official Apparel		Official Swim Partner
5		ORCI		Asser 👫	<b>B</b>		blueseventy,		THE SWIM MOVEMENT

For enquiries and registration, please call Sports Counter at 6750 2122 or email sports@orchidclub.com

DEALS @ OCC



Visit www.orchidclub.com for more details. For enquiries and reservations, contact **6750 2100** or **roomsales@orchidclub.com** 

Orchis Pavilion Photography Services

Orchis Pavilion Photography is a modern studio.

We bring out unique moments, ensuring that your photographs turn out natural yet stylish, and drive for perfection with passion as we remain true to our way,

### Our services available:

Newborn, Children, Family Portraits, Graduation, Maternity, Wedding, Events and Groups.

To help you create artistic memories that are natural and honest, quality has always been the company's virtues, and we uphold our dedication to providing the best photography and services to all of you.

### \* Special promotion packages \* (Additional 30% off for OCC Members)

### Baby package from \$148

- 5pcs 5R photo prints.
- 5 softcopies.
- Up to 3 different outfits.
- 30 mins to 1 hour photography session.
- \* Offer only for one child per session.

### Family package from \$288

- One 8R photo with classic frame.
- 6pcs 5R photo prints.
- 7 softcopies.
- Up to 4 family members.
- Up to 2 different outfits.
- 45mins to 60mins photography session.

- Maternity package from \$198
- 1 to 2 hours photography session.
- 5pcs 5R photo prints.
- 5 softcopies.
- One 8R photo with classic frame.

### Get in touch with us:

- 0:6222 3602
- 🕓 : www.orchispavilion.com.sg
- 🚱 : www.facebook/orchispavilion
- Venue: Social Clubhouse, Level 2

### DEALS @ OCC



### May & June 2017 Promotions at Par Lounge



Labour Day

Beer Jug \$17.80<sup>++</sup> per jug (U.P. \$27.50<sup>++</sup>)

While stocks last. For the month of May only.



Chivas Regal 18yrs \$168.00<sup>++</sup> per bottle (U.P. \$230.00<sup>++</sup>) \$298.00<sup>++</sup> for 2 bottles (U.P. \$460.00<sup>++</sup>)

**Corona** \$38.00<sup>++</sup> for 5 bottles (U.P. \$50.00<sup>++</sup>)



### For enquiries, please call Par Lounge at 6750 2204

## Peach Garden @ OCC Mother's Day Promotions

Give your mum the appreciation she deserves by bringing her down for a lovely meal at Peach Garden!

### From 1 to 12 May 2017 (For both lunch and dinner):

### Mother's Day Menu Set 1 (minimum 2 persons)

**\$58\*\* per person (For 7 courses)** Double-boiled Chicken Soup with Abalone, Steamed Fillet of Patin Fish, Sauteed Prawn, Chilled Aloe Vera with Osmanthus Jelly and more

 Mother's Day Menu Set 2 (minimum 2 persons)

### \$88<sup>++</sup> per person (For 7 courses)

Double-boiled Shark Fin's Soup, Pan Fried Fillet of Red Garoupa, Braised Abalone, Wok Fried King Prawn and more - Mother's Day Menu Set 3 for 10 persons

**\$588\*\* per table (For 8 courses)** Braised Duck with Chicken Herbs, Double-boiled Chicken Soup with Abalone, Braised Fish Paste Noodle, Steamed Sea Garoupa and more

- Mother's Day Menu Set 4 for 10 persons
- **\$888**<sup>++</sup> per table (For 8 courses) Suckling Pig, Double-boiled Yoshikiri Shark's Fin Soup with Whole Chicken, Steamed Red Garoupa, Braised Abalone and more





For reservations, please call 6759 3833.





### HEALING TOUCH ASIAN FUSION MASSAGE

Best Aches Busting Massage (2015/2016 Women's Weekly Awards)

This treatment fuses techniques from a variety of massage like Swedish massage, Deep Tissue massage, Thai massage and Pressure Point massage to create a therapeutic experience for customers according to their body condition and preferences.

### Call 6715 1515 (extension 1) "ask for OCC Promotion"

Terms & conditions 1. Exclusively at Healing Touch, Orchid Country Club, #01-33A (beside Gym) 2. OCC memberships must be presented at counter to enjoy this promotion 3. Each member is entitled to this promotion ONCE

**EXCLUSIVE TO OCC MEMBERS ONLY** Promotion is valid till <u>30 June 2017.</u>



Exclusively for Orchid Country Club Members Only \*Offers valid whilst stocks last. Terms and Conditions Apply. For any enquiries, please email to golf@pan-west.com or call us at 6752 3110.

facebook.com/PanWestSingapore

## **Nother's Day Karaoke Special** From 1 to 31 May!

Mothers get to sing to their hearts' content for free at Aranda Lounge. Accompanying members/ guests pay only **\$5 nett per pax for two hours** (inclusive of 1 soft drink).

### For enquiries and reservations, please call Aranda Lounge (opens at 2pm daily) at 6750 2121.

Promotion is valid till 31 May on all days except Thursdays. Prices are inclusive of GST and service charge. Extension of booking is chargeable based on per hour basis or part thereof. Room usage is only available up to 30 minutes before closing time. Each mother must be accompanied by a paying guest.



The Weeknd Grammy-Winning Artist and Style Icon. Toronto.

LOWLIFE



### Check out some upcoming ACC events specially extended to OCC members! Upcoming Activities

### MAY

### 2 Days 1 Night Malacca Trip



Escape to the Malaysian state of Malacca for a short weekend getaway. The capital, Malacca City, has a colonial past that is in its preserved city center, listed by UNESCO as a World Heritage Site. Join us as we go on a heritage tour to visit different places of interest in the city. Must-see include the Stadthuys, the 16th-century Portuguese St. Paul's Church and the 18th-century Christ Church. When the sun goes down, we will visit the famous Jonker Street Night Market that sells everything from tasty treats to cheap keepsakes. Wrap up a memorable trip with a dose of shopping before heading back to Singapore. Sign up early to avoid disappointment.

Date	: 20 & 21 May 2017 (Saturday & Sunday)
Venue	: Assemble at ACC Lobby at 6:15am sharp
Fee	: \$190 (OCC Member)
	\$195 (Union Member)
	\$205 (Guest)
Min Pax	: 25 persons
Closing Date	: 6 May 2017 (Saturday)

### Nature's Gift Organic Virgin Coconut Oil Workshop

Often regarded as unhealthy, we try to avoid coconut oil in our diet as much as possible. However, extensive studies have proven that not all coconut oil is the same. Classified as a superfood; organic virgin coconut oil has a multitude of health benefits, including skin care, hair care, improving digestion and immunity against a host of infections and diseases. Join us for this talk to learn more.



Date	:	28 May 2017 (Sunday)
Time	:	2pm to 4pm
Venue	:	Tulip Room (2nd Level, Clubhouse)
Fee		Free (OCC Member)
		\$2 (Union Member)
		\$6 (Guest)
Min Pax	:	10 persons
Closing Date	:	21 May 2017 (Sunday)

### JUNE

### 4 Days 3 Nights Penang & Ipoh Tour

During this June Holiday, take a 4-day trip to Malaysia and join us on an excursion to Penang and Ipoh! Just a short plane ride to Penang, this relaxing trip will see travellers visiting various places of interest in Penang with ample opportunity to enjoy the local food fare. We will also travel to Ipoh; visit the local temples and experience the ambience of the



old town. This trip promises to be a mouth-watering and eye-opening experience. Book early to avoid disappointment.

Date	: 17 to 20 June 2017 (Saturday to Tuesday)
Venue	: Assemble at Changi Airport Terminal 1
	at 9am sharp
Fee*	: \$490 (OCC Member)
	\$455 (OCC Member's Child)
	\$500 (Union Member)
	\$465 (Union Member's Child)
	\$515 (Guest)
	\$480 (Guest's Child)
Min Pax	: 25 persons
Closing Date	: 17 May 2017 (Wednesday)
-	

\*Child is between 3 and 10 years old. Price may subject to changes.

### **RAUSCH Hair Care Workshop**

As part of a natural "top-end" renewal process, we lose hair on a daily basis. It is normal to lose up to 100 hairs a day. However, if you feel worried about the volume of hair you have, it is then worth taking better care of your hair. For many years, RAUSCH has devoted considerable research to the topic of hair loss. Join our RAUSCH consultants who will explain all



about hair and scalp conditions and how careful selection of hair care products can make a difference. Attendees are entitled to a personal hair and scalp assessment and a door gift.

Date	:	24 June 2017 (Saturday)
Time	:	2pm to 4pm
Venue	:	Tulip Room (2 <sup>nd</sup> Level, Clubhouse)
Fee	:	Free (OCC Member)
		\$2 (Union Member)
		\$6 (Guest)
Min Pax	:	10 persons
Closing Date	:	17 June 2017 (Saturday)

For enquiries and reservations, please contact Ms Linda Yeo at 6584 6811 ext 30 or email linda.yeo@arandaclub.org.sg

# JACKPOT





Machine #7 30 January 2017 \$3,276.30

















### SUNDAY LUCKY DRAW

Win a Jackpot amounting to at least \$300 on a single hand payment slip and be entitled to Weekly Lucky Draw coupons with **five cash prizes worth \$300 each** to be won every Sunday at 8.15pm.

### FEATURE GAME BONUS

Strike a Feature Game on any machine during Saturdays, Sundays and Public Holidays to get a \$10 voucher. Limited to one player per day only.

Terms and conditions apply.

For more information, approach any of our friendly jackpot staff or call Jackpot Royale at 6750 2193.

### Welcome on Board



### **Michelle Honor**

Personal Assistant to General Manager

Having been a Secretary for over eight years, Michelle is no stranger to demanding tasks and challenges. Her four-year stint at Raffles Country Club as a Golf Operations Secretary gave her the ability to grow in her role and handle major events such as the Raffles Charity Golf, of which she was the main coordinator for three years.

Her myriad of experiences led to her joining the OCC team as the Personal Assistant to the General Manager. A responsible and proactive individual, Michelle looks forward to contributing her skills to build upon OCC's administrative foundation.

### **Dolores Choo Sia Li**

Assistant Manager (Secretariat & Leasing)

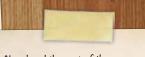
A familiar name in OCC for 22 years, Dolores (better known as Dolly) is back with the OCC family as Assistant Manager for Secretariat & Leasing after a two-year break. Besides assisting the Head of Property & Maintenance (P&M), her duties include providing secretariat and general administration support to the P&M team and handling tenancy matters such as coordinating with property agencies to market leasable spaces and outlets in the Club.

Though a challenging portfolio that entails multi-tasking and efficiency, Dolly takes on these roles well and enjoys working with her department to forge a stronger relationship with tenants and to ensure communication is carried out smoothly.

## Service Compliments Thank YOL We are always at your service

All the staff on duty at the counter, Akmal, Qudus and Klyne, are friendly, approachable and provide service with a smile.

Mok Choo Hau OCC Member



Akmal and the rest of the crew are always in their best-smiling form and ready to assist when required.

Mimi Gym Patron

Jasmine and I just conducted our wedding lunch at OCC's Sapphire Suite on 25 February 2017. We would like to extend our sincere appreciation and thanks to Ms Sheena Ooi and Banquet Captain (Mr Prem) for their professionalism and warm service extended to us throughout the planning of our wedding and during the wedding lunch itself.

Our special day would not have run so smoothly without their help and we are grateful! You definitely made the whole journey and wedding day memorable for us.

From the bottom of our hearts, thank you!

Best regards, Eugene and Jasmine Wedding Couple

#### Dear Sheena,

On behalf of our Event Group, namely Tommy, Jacqueline Hui, Koon Poh and Connie, I would like to express our heartfelt appreciation to you and your Team Members for having our event carried out smoothly and successfully.

All our guests had a joyful and wonderful night. We received a lot of good feedback in terms of the Grand Ballroom's ambience, the sound system, the food and the services, etc.

Special thanks to you for giving us that extra service, enabling Orange Cordial to make our dinner more fulfilling. We appreciate that very much.

Also, thank you for your patience and prompt response throughout our queries while we were organising this event. We had been coordinating happily and we love your service. We will recommend you for future functions.

Thank you very much.

To Mr Thomas Ng - Thank you for your support of our proposal through Sheena Ooi and enabling us to hold our function at Orchid Country Club.

Best regards, Belinda Pang Event Organiser

The six months I spent at OCC were just GREAT!! The reception staff were excellent to work with and were always friendly. The housekeeping crew were simply superb. They took care of me and my room with true professionalism. They were also very friendly.

I miss you all. I hope to return. THANK YOU!!!

Bill Rigby

Hotel Guest

**Enjoy!** Your OCC membership has its privileges. Not just at your home club, but also across more than 80 reciprocal and access golf and social clubs in 20 countries spanning five continents – Asia, Australia, Africa, South America and Europe! Feel at home, even when you are away from home!

### **GOLF CLUBS**

ARGENTINA SAN ANDRES GOLF CLUB Tel: 54-11-4752-3994 www.sagc.org.ar

#### AUSTRALIA

LATROBE GOLF CLUB, VICTORIA Tel: 613-9497-1622 www.latrobegolf.com.au

PACIFIC DUNES GOLF CLUB, NEW SOUTH WALES Tel: 02-4916-0500 www.pacificdunesgolf.com.au

THE EASTERN GOLF CLUB, VICTORIA 215 Victoria Road, Yering, Victoria, Australia, 3770

Tel: +61 3 9739 0110 Fax: +61 3 9739 0255 Email: info@easterngolfclub.com.au

THE GRANGE GOLF CLUB, SOUTH AUSTRALIA Tel: 08-8355-7111 www.grangegolf.com.au

THE VINES GOLF & COUNTRY CLUB, PERTH

Tel: 61-89297 3000 www.vines.com.au YARRA YARRA GOLF CLUB,

VICTORIA Tel: +61 3 9575 0575 http://www.yarrayarra.com.au/cms/

BRUNEI ROYAL BRUNEI GOLF & COUNTRY CLUB Tel: 673-261-1582/1797/2915

PANTAI MENTIRI GOLF CLUB Tel: 02-791-021 www.pantaimentirigolfclub.com

THE EMPIRE HOTEL & COUNTRY CLUB Tel: 673-241-8888 www.theempirehotel.com

CHINA GUANGZHOU INTERNATIONAL GOLF CLUB Tel: 86-20-8293-3888 www.gigc.com.cn

HAINAN WENCHANG GOLF CLUB Tel: 86-898-6362-9999 www.wenchanggolf.com

MISSION HILLS GOLF CLUB, SHENZHEN Tel: 86-755-2802-0888 www.missionhillschina.com

FRANCE GOLF & COUNTRY CLUB DE FOURQUEUX,

PARIS Tel: 33-1345-14147 www.golfdefourqueux.com

### **Reciprocal Clubs**

INDIA DELHI GOLF CLUB, DELHI Tel: 9111-243-60002 www.delhigolfclub.org

KARNATAKA GOLF ASSOCIATION, BANGALORE Tel: 9180-4009-0000/01 www.kga.in

WILLINGDON SPORTS CLUB, MUMBAI Tel: 91-990-889-9111 www.willingdonsportsclubgolf.golfgaga.com

INDONESIA BUKIT DARMO GOLF, SURABAYA Tel: 62-31-732-5555

www.bukitdarmogolf.com CIPUTRA GOLF, CLUB & HOTEL,

SURABAYA Tel: 62-31-741-2555 www.ciputra.com

FINNA GOLF & COUNTRY CLUB RESORT, PASURUAN Tel: 62-34-363-4888

www.finnagolf.com

TAMAN DAYU GOLF CLUB & RESORT, PASURUAN

Tel: 62-34-363-3411 www.tamandayu.com

COUNTRY CLUB CASTELGANDOLFO, LAZIO Tel: 06-9312301

www.countryclubcastelgandolfo.it ROYAL GOLF LA BAGNAIA, SIENA Tel: 39 (0) 577 81 30 00 www.labagnaiaresort.com

MALAYSIA AYER KEROH COUNTRY CLUB, MALACCA Tel: 606-233-2000 www.akcc.com.my

BUKIT JAWI GOLF RESORT, PULAU PINANG Tel: 604-5820759/0760/0761 www.bukitjawi.com.my

DALIT BAY GOLF & SPA, SABAH Tel: 60-88-791-188

www.dalitbaygolf.com.my DAMAI GOLF & COUNTRY CLUB, SARAWAK

Tel: 60-82-846-088 www.damaigolf.com IBAI GOLF & COUNTRY CLUB, TERENGGANU Tel: 609-639-2111 NOTE: Please note that the Reciprocal & Social Club listing will be published in alternative issues. The full listing is also available on OCC website and at the Golf Clubhouse.

KELAB GOLF SARAWAK Tel: 60-82-440-966 www.kgswak.com KELAB GOLF SULTAN ABDUL AZIZ SHAH, SELANGOR

Tel: 603-5510-5872 www.kgsaas.com.my

KELAB RAHMAN PUTRA MALAYSIA, SELANGOR Tel: 603-6156-6870 www.krpm.com.my

KOTA PERMAI GOLF & COUNTRY CLUB, SELANGOR Tel: 603-5122-3700 www.kotapermai.com.my

NILAI SPRINGS GOLF & COUNTRY CLUB, NEGERI SEMBILAN Tel: 606-850-8888 www.nilaispringsgolf.com.my

SABAH GOLF & COUNTRY CLUB Tel: 60-88-247-533 www.sgccsabah.com

TROPICANA GOLF & COUNTRY RESORT BERHAD, PETALING JAYA Tel: 603-7804-1531 www.tropicanagolf.com

NEW ZEALAND MANOR PARK GOLF CLUB, WELLINGTON Tel: 64-4563-8794 www.manorparkgolf.co.nz

PUKEKOHE GOLF CLUB, AUCKLAND Tel: +09-294-8810 www.pukekohegolf.co.nz

SOUTH AFRICA THE COUNTRY CLUB JOHANNESBURG Tel: 011-202-1600 www.ccj.co.za

Members are to produce both their Introduction Card & OCC Membership Card upon arrival at the host club.

#### APPLICATION PROCEDURES

GOLFING MEMBERS Please obtain your Introduction Card from Golfing Department at 6750 2111/102 or email: golfregistration@orchidclub.com. Terms and conditions apply.

SOCIAL MEMBERS Please obtain your Introduction Card from Membership Department at 6750 2123 or email: membership@orchidclub.com.

### **RECIPROCAL/ACCESS CLUB DIRECTORY**



**SRI LANKA** ROYAL COLOMBO GOLF CLUB Tel: 94-1126-95431

www.rcgcsl.com VIETNAM

DIAMOND BAY GOLF RESORT, NHA TRANG T<mark>el:</mark> 84-058-3711-722 www.diamondbaygolf.com

TWIN DOVES GOLF CLUB, VIETNAM Tel: 84-0650-3860-333 www.twindovesgolf.com

#### SINGAPORE

**KEPPEL CLUB** Tel: 65-6375-5597 www.keppelclub.com.sq

**RAFFLES COUNTRY CLUB** Tel: 6861 7649 www.rcc.org.sg

SELETAR COUNTRY CLUB Tel: 65-6481-4812 www.seletarclub.com.sg SEMBAWANG COUNTRY CLUB

Tel: 65-6751-0320 www.sembawanggolf.org.sg

### SOCIAL CLUBS

AMBASSY CLUB, SHANGHAI Tel<mark>: 86-21-6437-9800</mark> www.ambassyclub.com.cn

THE ORIENTAL CLUB, BEIJING Tel: 86-10-5820-6668 (Beijing) www.theorientalclub.com.cn

THE ORIENTAL CLUB, DALIAN Tel: 86-411-8370-6666 (Dalian) www.theorientalclub.com.cn

HONG KONG **BUTTERFIELD'S CLUB** (closed for upgrading till mid 2017) Tel: 852-2968-5555 www.butterfields.com.hk

KOWLOON CRICKET CLUB Tel: 852-347<mark>3-7000</mark>

www.kcc.org.hk UNITED SERVICES

**RECREATION CLUB** Tel: 852-3966-8600 www.usrc.org.hk

JAPAN TOKYO AMERICAN CLUB Tel: 81-03-4588-0381

www.tokyoamericanclub.org MALAYSIA THE RAINTREE CLUB,

KUALA LUMPUR Tel: 603-4257-9066 www.raintree.com.my

### Access Clubs

### **GOLF CLUBS**

AUSTRALIA JOONDALUP COUNTRY CLUB, PERTH Tel: 618-9400-8800 www.joondalupresort.com.au PEREGIAN SPRINGS GOLF CLUB, CUEENSLAND Tel: +617 5471 5471 www.peregianspringsgolfclub.com.au THE CUT GOLF COURSE, PERTH Tel: +618 9582 4444 www.the-cut.com.au

ANGKOR GOLF RESORT, SIEM REAP Tel: 855(0)-63-767-688 / 689 www.angkor-golf.com/

CHONGQING POLY GOLF CLUB Tel: 023-6788-3399 www.chinapolygolfss.com DALIAN RED FLAG VALLEY GOLF CLUB Tel: 86-411-86466666 www.rfvgolf.com SUN ISLAND

SUN ISLAND INTERNATIONAL CLUB Tel: +86 (0512) 5725 7888 (Kunshan) +86 (025) 5622 1633 (Nanjing) +86 (0512) 6262 9959 (Suzhou) +86 (0514) 8750 8288 (Yangzhou) www.sunislandclub.asia

WUYI FOUNTAIN PALM GOLF CLUB, GUANGDONG Tel: 86-750-393-0777 www.wuyigolf.com

INDONESIA NEW KUTA GOLF & OCEAN VIEW, BALI Tel: 62-361-8481-333 www.newkutagolf.com

NIRWANA BALI GOLF CLUB, BALI Tel: 62-361-815-960

www.nirwanabaligolf.com RANCAMAYA GOLF & COUNTRY CLUB Tel: 62-251-824-2282

www.rancamaya.com RIVERSIDE GOLF CLUB, BOGOR Tel: 62-218-671-533

www.riverside-golf.com

SOUTHLINKS COUNTRY CLUB, BATAM Tel: 62-778-324-128 Singapore booking office: Tel: 65-6278-7079 www.southlinksgolf.com

TERING BAY GOLF AND COUNTRY CLUB Jalan Hang Lekiu, Nongsa Batam - Indonesia Tel: 62-778-761 818 Fax: 62-778-761 801 www.teringbay.com.sg

TOMISATO GOLF CLUB Tel: 81-479-78-0002 www.tomisatogolf.net

MALAYSIA BORNEO GOLF & COUNTRY CLUB, SABAH Tel: 60-87-861-888

KARAMBUNAI RESORTS GOLF CLUB, SABAH

Tel: 60-88-411-215 www.karambunaigolf.com MERU VALLEY GOLF & COUNTRY CLUB, PERAK Tel: 605-529-3300 www.meruvalley.com.my

MOUNT KINABALU GOLF CLUB, SABAH Tel: 60-88-889-445 SUTERA HARBOUR GOLF & COUNTRY CLUB, SABAH Tel: 60-88-318 888 www.suteraharbour.com

TIARA MELAKA GOLF & COUNTRY CLUB, MELAKA Tel: 606-231-2366

www.lion.com.my ΤΔΙΨΔΝ NATIONAL GOLF COUNTRY CLUB,

**MIAOLI COUNTY** Tel: +886-3774-3377

TA KANG SHAN GOLF, KAOHSIUNG COUNTY Tel: +886-7636-6411/2/3

www.tksg.com.tw TSAI HSING ELITE CLUB, HSINCHU COUNTY Tel: +886-3569-2318 www.the-club.com.tw

THAILAND **ALPINE GOLF CLUB, BANGKOK** Tel: 662-577-3333 www.alpinegolfclub.com

ALPINE GOLF RESORT, CHIANGMAI Tel: 66-53-880-888 www.alpinegolfresort.com

CHIANGMAI HIGHLANDS GOLF & SPA RESORT Tel: 660-5326-1354

www.chiangmaihighlands.com MUANG KAEW GOLF COURSE, BANGKOK Tel: 662-740-2693-700 www.muangkaewgolf.com

LOCH PALM GOLF CLUB, PHUKET Tel: 66-7632-1929-34 www.lochpalm.com

RED MOUNTAIN GOLF CLUB, PHUKET Tel: 66-7632-2000-1 www.redmountainphuket.com

**RIVERDALE GOLF & COUNTRY CLUB,** BANGKOK Tel: 66-2501-2789 www.riverdalegolfclub.co.th THE VINTAGE CLUB BANGKOK

Tel: 662-7073-8205 www.vintagegolfthai.com

**UNITED KINGDOM FAIRHAVEN GOLF CLUB** Tel: 01253 736741 / 734787 www.fairhavengolfclub.co.uk

VIETNAM SONG BE GOLF RESORT Tel: 84-650-755-802/3 www.songbegolf.com

SINGAPORE WARREN GOLF & COUNTRY CLUB Tel: 65-6586-1245 www.warren.org.sg

#### SOCIAL CLUBS SINGAPORE

ARANDA COUNTRY CLUB Tel: 65-6584-6811 www.arandaclub.org.sg THE GRASSROOTS CLUB Tel: 65-6554 2350 www.grassrootsclub.org.sg

### PRIVILEGES

CATEGORY	Reciprocal Clubs	Access Clubs
GOLFING	No green fees payable	Discounted green fees
SOCIAL	Golfing dependant on respective club's policy	All social facilities fees payable can be used

### SINGAPORE'S FIRST NIGHT GOLF COURSE RUN



FINISH

	<b>10KM</b> INDIVIDUAL	5KM		5KM
	OPEN		$\begin{bmatrix} 1 & Adult \\ + 1 & Kid \end{bmatrix}$	(Per Additional) Adult or Kid
ORCHID COUNTRY CLU ARANDA COUNTRY CLU MEMBER		\$30	\$40	\$10
NTUC/UNION/ PAssion MEMBER	\$50	\$40	\$50	\$15
PUBLIC	\$60	\$50	\$60	\$15
EARLY BIRD	\$45	\$35	\$45	\$15

FINISH

### **Registration is Now Open!**

Visit www.3tenrun.com or email 3tenrun@orchidclub.com

Fees are inclusive of prevailing GST.



ORCHID COUNTRY CLUB

FINISH









OFFICIAL RUNNING MAGAZINE:

